



News Notes

#1117 A weekly bulletin for residents of Auroville 5 February 2026



Photo by Rama Narayana

"Essentially, it is only when one has become aware of one's soul, has been identified with one's psychic being that one can see in a single flash the picture of one's individual development through the ages. Then indeed one begins to know... but not before. Then, indeed, I assure you it becomes very interesting. It changes one's position in life. There is such a great difference between feeling vaguely, having a hesitant impression of something, of a force, a movement, an impulse, an attraction, of something which drives you in life—but it is still so vague, so uncertain, it is hazy—there is such a difference between this and having a clear vision, an exact perception, a total understanding of the meaning of one's life."

*The Mother,
Questions and Answers 1957—1958*

Pondering



"There is an inner being in man of which he is not usually conscious; he lives in a superficial consciousness which he calls himself and which is normally concerned with outer things; one is aware of the inner being either not at all or only as something behind from which feelings, ideas, impulses, imperatives etc. come occasionally into the outer. When one ceases to be mainly concerned with outer and surface things one can go more inside nearer to this inner being and become aware of things other than the ego and the outer nature. One can become aware of the inner being and live in it and get detached from the hold of outer things, dealing with them from an inner consciousness (felt as separate from the outer consciousness) according to an inner truth of the soul and spirit and no longer according to the demands of the outer Nature."

Sri Aurobindo, Letters on Yoga—III

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House of Mother's Agenda



The Mother's whole effort consisted in annulling this real distinction, for the result of the supramental transformation should make the Divine concretely present in Matter. As Matter became gradually more 'porous' to her, the divine Presence in all became ever more real, visibly, tangibly. She saw everything as vibrations—rainbow-coloured vibrations of the One—and her own vibrating body as a finely tuned receptor of those vibrations. This was quantum physics as experiential reality, as a way of living, based on its underlying truth of the universal unity and experienced in the complexity of all the gradations of being. Unity is the source, unity is the outcome, unity is the way. But the Mother had to transform the consciousness of her cells into a Unity-Consciousness—a change more fantastic than any transformation in any religious vision or fairy tale. She had to wipe out the 'real distinction' between our human ignorance and the superhuman omniscient divinity.

The second principle, declared by Sri Aurobindo to be the Alpha and Omega of the Integral Yoga, was surrender. The Mother's surrender to the Divine, the Lord, her higher Self, was permanent throughout her life. It was the basis of everything she did, of her great yogic acts and of the apparent trifles of everyday life. Her *Prayers and Meditations* were already pervaded by surrender as by an exalting perfume. It was also the very instrument of her yoga. It was, she said, the only means, the only remedy, the only solution. The principle is simplicity itself: as there is nothing else than the Lord, he is the only Doer and the only deed. The manifestation is his; therefore the evolution within that manifestation can only be his. This means what Sri Aurobindo stated above, namely that 'the Mother herself carrying on the Sadhana of the earth-consciousness' is surrendering 'to herself from whom the forces of transformation come'—'herself' being identical with the Supreme, That, the Divine, or the Lord, as the Mother was in the habit of calling Him since the beginning of her yoga.

(to be continued next week)

Georges Van Vrekhem

The Mother: The Story of Her Life

Part Three: The Road Alone

What Is to Be Done Is Done

<https://incarnateword.in/other-authors/georges-van-vrekhem/the-mother-the-story-of-her-life/16-what-is-to-be-done-is-done>

Gangalakshmi HOMA



Town Hall Speaks

INFORM HRS

We would like to kindly remind you that all Aurovilians, Indian and Non-Indian, have to inform HRS when they leave Auroville. This meets the Residents' criteria.

- Mail to hrs@auroville.org.in (or)
- Kindly fill the [Departure Form](#) for ease and efficiency update (or)
- You can also access it from our Auronet profile page: <https://auroville.org.in/group/human-resources-service-hrs>

Raja N
for Human Resources Service (HRS)

APPLICATION ANNOUNCEMENT 05-02-2026

The following Site Application has been received and is approved. (For information only)

1. Visitors Centre—Atmosbox installation

- **Applicant/s:** Auroananda
- **Location/area:** Visitors Centre/ International Zone
- **Area for which approval is sought:** 70 Sq.m

Project brief: The Visitors Centre team has been facing difficulties in providing clean and safe drinking water due to the increasing number of visitors to Auroville. To solve this issue, the Visitors Centre team requested permission to install an Atmosbox within the Visitors Centre campus to provide drinking water for the public. Atmosbox is a water system developed by German engineers using safe and internationally approved technology. It is a decentralized water production unit powered by solar energy. You can read more about Atmosbox at <https://atmosbox.com/>. More information on the method of water production can be found in our corresponding announcement on Auronet.

Atmosbox relies on 2 water sources: an Air Water Generator (AWG) and groundwater. The AWG works by condensing humidity from the air onto a cold surface. All water is filtered through a reverse osmosis (RO) system and then treated to ensure the best quality and taste. Water quality is regularly monitored by an approved laboratory to maintain the highest quality standards.

The collected water is stored in a stainless steel tank before being channelled into the filtration system, which has a processing capacity of up to 250 litres per hour.

To ensure good water quality and public safety, Aquadyn will install and maintain an additional filtration system and take necessary safety measures. The structural work will be done by Sumark, and the filtration and machinery installation will be carried out by Atmosbox engineers and Aquadyn. The installation has been reviewed by experts and approved.

Before the water is made available to the public, it will be tested by the EMS Lab (Environmental Monitoring Service). The total cost of the project is Rs. 50,00,000/-. The project is funded by the Atmosbox team, and regular maintenance will be handled by the concerned Auroville Units. The entire installation is fully dismantable and portable. The request has been approved, and ATDC has granted permission for the installation of the Atmosbox at the Visitors Centre.

- **For more information on specific projects or to schedule a meeting, please contact L'avenir d'Auroville (ATDC) at:** avenir@auroville.org.in

Joel

Community News

Obituary

REMEMBERING AMAR

Amar (Ernst Grosse, Swiss national) passed away at his home in Vikas, where his body was found on 27 January. The date of his passing (presumably due to heart failure) may have been one or two days earlier. He led a fairly solitary life. He was 84.



Amar came to Auroville in 1984. He worked at the Matrimandir for a long time. He was a good friend of the Savitri Bhavan.

Amar frequently contributed his (sometimes cryptic, sometimes humorous) comments on Auronet. Here is one of his last ones, worth quoting: "Every day, miracles big, small or very small of the Supramental Truth manifest H E R E already daily. Don't we see it, you, or me, and her? Then let's train more to become aware of it. That's the aim of our Galactic Yoga." May he rest in peace.

Submitted by Annemarie

* * *



We would like to take a moment to offer our heartfelt gratitude and remembrance for a beautiful soul who shared a long and meaningful connection with Savitri Bhavan.

He remained closely involved with Savitri Bhavan and extended his steady, generous support right up to his passing. His presence was never loud, yet it was constant, a quiet strength we deeply valued.

He held a special appreciation for Savitri Bhavan's *Invocation* study notes, which he used for his deeper reading and reflection. It brings us comfort to know that this work accompanied his inner journey.

He was also part of the initial group that formed Savitri Bhavan's Savitri Reading Circle, a foundation that continues to nourish many seekers today. That early sincerity and commitment helped shape something that still lives and grows.

Along with his depth, he carried an impeccable sense of humour. Many of us have seen glimpses of that lightness and wit through Auronet, a reminder that joy and wisdom can walk hand in hand.

We remember him with gratitude, affection, and respect. His quiet contribution remains woven into the fabric of Savitri Bhavan.

Kavithanjali

REMEMBERING OUR SERVICE FLOWER LADY

On 10.02.2026 (6th Anniversary)

My dear Auroculture. Now it is the 6 years of your departure. I still remember you, as you were not only my teacher at Udavi school, but my inspiration also. You have taught me a lot in my life. Always open to listen to me and supported me and my children.

I am thankful to our divine mother for connecting us after so many years. I am grateful and proud of being with you my dear. I miss you so much.



Love, Raji

Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION

Important announcement regarding the change in timings effective from 1 February 2026

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am—3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration.

The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to **registered Volunteers**:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- **It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders:

- Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- **Starting from Visitors Centre. Daily, 9am—5:30pm.**

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

AMPHITHEATRE

Meditations at sunset with Savitri

5:30—6pm, every **Thursday**
weather permitting



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests at 5:30pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:15pm.**

Velmurugan for Access team

Awakening Spirit

THE MOTHER'S BIRTHDAY DARSHAN

Saturday, 21 February

To celebrate the Mother's Birthday, the Sri Aurobindo Ashram will open both the Mother's Room and Sri Aurobindo's Room on Saturday, 21 February for a Darshan. Everyone is welcome. Below we share with you the options and guidelines for attending the Darshan:

Options for a Room Darshan

- **Early Morning Darshan (No tokens required):**
 - Join the **general Darshan queue from 4am** onwards. **No tokens** will be needed until the meditation at the Samadhi begins.
- **Post-Meditation Darshan (Tokens required):**
 - From 6:40am onwards, tokens will be required for entry.

How to obtain a token for the Room Darshan

- Volunteers and Guests of Auroville may collect their tokens directly from the Ashram at the booth near the Ashram Post Office and on the day itself.
- Please note:** You may need to wait or return later at the time indicated on your token.
- Aurovilians and Newcomers have the opportunity to pre-register for a token during the timings mentioned below. The Room Darshan with pre-registered tokens will be available from 12pm onward only.

How can residents pre-register a token?

This goes in two steps. Please come for registration to Pitanga

- **Tuesday, 10 February, and Wednesday, 11 February**
9am—12pm & 3pm—5pm

Important Notes:

- Please come in person to register your token. If you are not known to the organisers, please identify yourself as a resident.
- If you are unable to register personally, please send a representative with a written request stating the name(s) and number of tokens required.

Unfortunately, we cannot accommodate requests made via email, WhatsApp, or telephone. Sorry for the inconvenience.

Please collect your registered tokens on:

- **Thursday, 19 February, and Friday, 20 February**
@ Pitanga, 9am—12pm, 3pm—5pm

Please note: Tokens that are not collected by 5pm on 20 February will be given to persons on the waiting list.

Transportation

The Darshan day falls on a Saturday. Please check the News & Notes next week for updates regarding the SAIER bus transport.

We are deeply grateful to the Sri Aurobindo Ashram for their continued collaboration with Auroville in facilitating these Darshan days.

Andrea for Pitanga's team

LEARN THE 1008 NAMAS (SACRED NAMES) of the "Divine Mother"

Thursdays, 6—6:30pm @ Buvana's house, Certitude
Dear Devotees of The Mother,

Here is an opportunity to learn the 1008 namas (sacred names) of the "Divine Mother", "Sri Lalitha Sahasranamam" weekly on Thursday evenings from 6pm to 6:30pm at Buvana's house in Certitude Community.

- Please contact Buvana 9443703287

Submitted by Grace

SAVITRI BHAVAN, FEBRUARY 2026



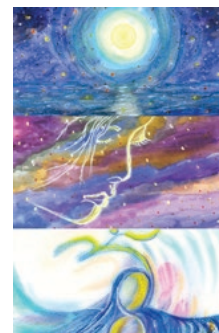
Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Homage to the Mother:** A new exhibition in the Square Hall, a painting exhibition by Aghni
 - **9—28 February**
 - **Inauguration: 9 February, 10am**

About the exhibition: There will be over 200 paintings on display, all of which are inspired by the first section of Book I, Canto III of Sri Aurobindo's *Savitri*.

About the artist: For over 30 years, Aghni has been exploring Sri Aurobindo's writings through paintings. He is the founder of Centro Sri Aurobindo e Mère—Italy.



Films: Mondays, 4pm

- **9 February: About Savitri—Book 1: The Book of Beginnings, Canto 3—The Yoga of the King: The Yoga of the Soul's Release, Part 1—read and commented by The Mother.** The Mother read lines from *Savitri* and commented on them. They are here under the headings: *Aswapati—a Divine Representative, The Psychic Being and Its Evolutionary Journey, Transition of Man to the Divine Superman, and The Growth of Divinity in Man.* The texts of *Savitri* and of The Mother's commentaries are displayed on the screen.

Canto 3 of Sri Aurobindo's poem *Savitri—The Yoga of the King: The Yoga of the Soul's Release* starts with the line: *A world's desire compelled her mortal birth.*

It stresses that the birth of the Divine Mother was needed for the evolutionary process.

Through King Aswapati, Savitri's father and an intermediary who came from high and free regions, the Divine Mother's incarnation became possible:

His was a spirit that stooped from larger spheres / Into our province of ephemeral sight, /

A colonist from immortality. ... His human self like a translucent cloak / Covered the All-Wise who leads the unseeing world. (Savitri, p.22)

Aswapati is a Divine Representative and, while incarnated in this world of ignorance, he keeps sufficient consciousness and power of his Origin that he can bring down upon earth the Divine.

The Mother commented: "Those who come from above and know the Divine Plan, know also that this present existence of man is only a transition between the animal and the Superman being, more perfect, more developed, more conscious, more divine.

Man can bear the limitations because he knows that they will pass away and be replaced by capacities more apt to express the Divine in life."

The creation has moved towards an oblivion of its inherent Divinity. But despite that and slow, painfully long evolutionary processes, the transition from man to Superman is bound to happen and is being prepared. The descent of Avatars and Supernal Consciousness from the Supreme made possible a hastened growth and almost a sudden change in the evolution. Duration: 37min.

All videos of “**About Savitri—The Mother’s Commentary**” are available at the AuroMaa website:

- <https://auromaa.org/about-savitri-the-mothers-commentary/>

The website also provides a link to every video of the series on YouTube:

- [About Savitri: The Mother’s Commentary | B1C3-01 Aswapati—a Divine Representative](#)
- **16 February: The Mother on Her Life**—The slideshow recounts The Mother’s journey in Her own words from childhood till Her final arrival in Pondicherry, a documentary by the Sri Aurobindo International Centre of Education published under the title *The Centenary of The Mother’s Return to Sri Aurobindo*. Duration: 48min.
- **23 February: Building Matrimandir—Labour of Love 1971—2008**—The Matrimandir is the soul of Auroville; the documentary shows the dedicated work and construction. Duration: 52min.

Dream Divine Series

- **Fridays, 4—5pm**
@ Sangam Hall of Savitri Bhavan
Everyone is welcome

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville’s vision, life, and reality.

- **6 February:** ‘City of the Dawn’, a film by New Momentum
- **13 February:** recorded talk by Dr. Alok Pandey from Collected Works of the Mother (CWM), Vol.13 about Ashram and Auroville
- **20 February:** Insights into Integral Yoga—I by Ela
- **27 February:** Insights into Integral Yoga—II by Ela



Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother’s words on Savitri: “Savitri, the Supreme revelation of Sri Aurobindo’s vision.”

“... Savitri, that marvellous prophetic poem which will be humanity’s guide towards its future realisation.”

“... all the rest is preparation, while Savitri is the Message.”



OM Choir

- **Fridays, 6pm @ Ashram School, Pondicherry**
- **Tuesdays, 5:30pm @ Savitri Bhavan, Auroville**

The voice that chants to the creator Fire,
The symbolled OM,
the great assenting Word. Savitri

Please join us in this collective aspiration, in the form of a united prayer. All are welcome, no prior singing experience required.



OM is the signature of the Lord.

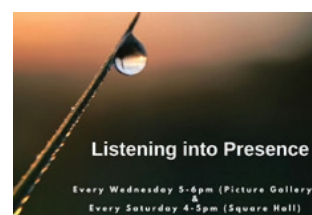
OM: I implore the Supreme Lord.

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**
- Guided by Misha (Mike).

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies.

Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.



Talks of Dr. Alok Pandey on Sri Aurobindo’s Essays on The Gita

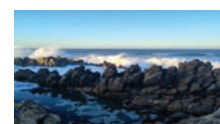
Wednesdays, 4—5pm @ Sangam Hall

- 4 & 18 February
- 4 & 18 March
- 1 & 15 April
- 6 May



Reading on Nature

Animal and Plant Kingdom from the Mother and Sri Aurobindo’s writings with Aikya. Open group, eventually followed by small discussion/ sharing



- **Wednesdays,**
10:30—11:30am,
starting January 7, 2026
@ Savitri Bhavan Library area

Guided Yoga Nidra sessions

- **Every Tuesday, 11am—12noon**
@ Sangam Hall

You are warmly invited to a guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey.

This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early. This allows us to honour the stillness and depth of the practice together.

Things to bring: A yoga mat if can or cushions are available to lie down. Conducted by Sunny and Team

Ilion presents: Greek myths, the handbook of evolution



- **Wednesday, 11 February, 10:30—11:59am**
@ Sangam Hall

You Have No Choice! Whether you like it or not, you are on the spiritual path, because it is the path of evolution. However, you can participate consciously... or not. And there, you have a choice...

The ancient Greeks left us an extraordinary manual of evolution, which Sri Aurobindo and the Mother developed and continued.

The ego, the illusions, the mental confinement and a great trial at the beginning of the path.

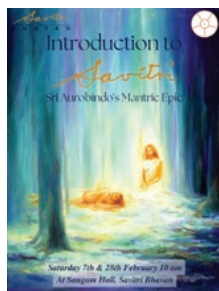
Presentation of the following myths with Q&A:

- Heracles and the Nemean Lion
- Bellerophon and the Chimera
- Theseus versus the Minotaur
- Jason and the Black Rocks

An Introduction to Savitri: Discovering Sri Aurobindo's Mantric Epic

What is *Savitri* and why is it so significant? What can it offer us? How can it help us in our lives? How do we begin reading it?

In this accessible introduction we will discover why the Mother called *Savitri* "the supreme revelation of Sri Aurobindo's vision." We will also explore the Meditations on Savitri exhibition and share some practical tools to continue the journey.



"My child, yes, everything is there: mysticism, occultism, philosophy, the history of evolution, the history of man, of the gods, of creation, of Nature; how the universe was created, why, for what purpose, what destiny—all is there. You can find there all the answers to all your questions. Everything is explained, even the future of man and of the evolution, all that nobody yet knows. He has expressed them in beautiful and clear words so that spiritual adventurers who wish to solve the mysteries of the world may understand it more easily." The Mother

- **Saturdays, 7 and 28 February, 10am—12pm,** (can attend either one)

Cost: You are free to contribute as much as you feel. Please share with anyone who might be interested.

Homage To The Mother, paintings by Aghni

- 9—28 February
- Inauguration 9 February, 10am
- Opening hours: 9am—5pm. Sunday closed

About the exhibition: There will be over 200 paintings on display, all of which are inspired by the first section of Book I, Canto III of Sri Aurobindo's *Savitri*.

About the artist: For over 30 years, Aghni has been exploring Sri Aurobindo's writings through paintings. He is the founder of Centro Sri Aurobindo e Mère—Italy.

Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo's *Savitri*. This epic poem offers deep insights into consciousness, evolution, space, and time, calling for exploration not only in literature but in science and metaphysics.

The program began on 15 August 2025, focusing on selected cantos from Part One of *Savitri*. Bi-weekly sessions will combine guided reflections (via Shraddhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.



Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more:

- savtribhavan@auroville.org.in,
- www.savtribhavan.org

Invitation: A poetic stillpoint...

- @ Savitri Bhavan Garden, open 9—5pm.

Inspired by Sri Aurobindo's poem "Invitation," written in 1908–09 in the Alipore prison, Poetry By Design invites you to stroll, pause, recite, read, linger, sketch—or simply BE.



Located in the Savitri Bhavan Garden, open from 9—5pm. Jute mats and a granite bench are available for seating. chetana@auroville.org.in

Light and Delight

- Thursdays 5—6:15pm @ Savitri Bhavan



Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom.

The Mother called *Savitri* "the supreme revelation of Sri Aurobindo's vision". She painted lines from this epic poem along with Huta, a sadhak from the Sri Aurobindo Ashram. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions.

We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5–10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue **Anandi Z.**

Regular Activities

- **Sundays, 10:30am—12 noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** Finding the soul (Book 7 Canto 5 of *Savitri*) led by Dr. Jai Singh
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 11am—12noon:** Guided Yoga Nidra session led by Sunny
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, 4:30—5:15pm:** Savitri Satsang led by Narad
- **Tuesdays, 5:30—6:15pm:** OM Choir led by Narad
- **Wednesdays, 10:30—11:30am:** Reading on 'Nature' with Aikya
- **Wednesdays, 5—6pm & Saturdays, 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of *Savitri* led by Shraddhavan
- **Thursdays, 4—5:30pm:** Reading *Savitri* in Russian with Anatoli
- **Fridays, 3—4pm:** Reflections on Sri Aurobindo's Isha Upanishad led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit, Velmurugan
& Dhanalakshmi for Savitri Bhavan

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome to join the Bhagavad Gita Chanting sessions

For queries: vidyamandir@auroville.org.in

Deven for Vidyamandir Auroville Team



A weekly study circle on
The Synthesis of Yoga
 - Sri Aurobindo

By Deepti Tewari
4:30 pm - 5:30 pm
Every Tuesday

Venue :
 Resource Library,
 Bharat Nivas, Auroville

BHARAT NIVAS
 Scan for Location




Monisha

PREPARING FOR THE MONTH AHEAD

8 February, 7—8pm

I'm offering a live webinar where we look at the month ahead using Vedic Astrology.

Each month, as the Sun changes Signs, the overall tone of life shifts in subtle and meaningful ways. In this one-hour session, we'll look at the month's transit chart, key planetary movements, important lunar days and festivals, and what they invite us to pay attention to.

If you'd like a practical, grounded way to prepare for the month, rather than reacting as it unfolds, you're welcome to join.

- More details: <https://online.allthingsvedic.in/courses/Preparing-for-the-Month-Ahead>
- To [register](#)
- Fee: Rs.399



Vikram Devatha

AUROVILLE DISCOVERY PROGRAM

For Volunteers, Interns, Staff & Workers

Every 3rd Saturday, 3—5pm

@ Auditorium, Visitors' Centre, Auroville

Volunteers, Interns, Staff & Workers:
Understand | Align | Contribute

Auroville is a living experiment in Human Unity. The Discovery Programme offers newcomers a grounded introduction to the practical functioning of the City — helping shape work & attitude.

Activities: Awareness, Participation & Process, Live Experience, Dialogue & Reflection, Clarity to Contribute

Every 3rd Saturday | 3:00-5:00 pm
Venue: Auditorium, Auroville Visitors' Centre.

Participants may also choose to attend events and connect with the Auroville community.




Aware is hosting a monthly Auroville Discovery Programme for volunteers, staff, and workers who wish to better understand Auroville's purpose, the spirit of work, and meaningful participation.

- **Theme: Work as a means of Inner Discovery**

A short film, practical orientation by Aware, reflections from a seasoned Aurovillian, and open dialogue.

Open to all those working in and contributing to Auroville.

- Registration required. [Link is here.](#)



Lakshay

BLOOMO! A SOULFUL FLOWER CARD GAME



February 14, March 14
 Saturdays, 4—5:15pm

@ The Mother's Flower Garden, near Solar Kitchen

A soulful, collective experience sharing the spiritual significance of flowers. Enjoy a unique way to connect with nature while nurturing yourself.

Play groups hosts: Chitra (in Tamil) and Purvi (in English) and aiming for a group in French as well. [Join our WhatsApp group](#)



Purvi, Chitra for The Mother's Flower Garden

2ND GLOBAL PEACE MEDITATION in Auroville and the World

Sunday, 8 February, 12am—1: 30am Indian Time

- **Location 1: Unity Pavilion**
 12am—1:30am around the Peace Table
- **Location 2: Amphitheater**
 Sunday, 8 February, 4—5:30am

This online Global Peace Meditation runs simultaneously on all social media

- **Platforms:** Youtube, Tiktok, Whatsapp, Netflix
 Simply search *Global Peace Meditation*

Our request to all Auroville residents: please spread this message around India and the World!

This is what Auroville stands for: Inner and Outer Peace.

Rolf

COLLECTIVE EXPLORATIONS

of the Works of Mother & Sri Aurobindo

Every Saturday, 2:25—4pm

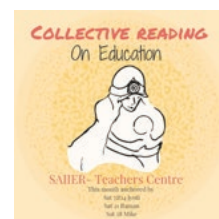
@ Teachers centre (in Town Hall admin area)

Since November SAIER has been holding sessions for collective explorations of the works of Mother & Sri Aurobindo.

- **In February** we will begin to read the chapter *Psychic and Spiritual Education* by The Mother.

If you have a copy of the book, you can bring it along.

- email: teacherscenter@auroville.org.in.



Nilima

Books

AUROVILLE LIBRARY

Weekly Readings of The Life Divine



Weekly Readings of The Life Divine
 with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
 (from 23 January 2026)

All are welcome.

The Library Free Shelf is up and running!

The AV Library has set up a shelf of free books (formerly at the Freestore) for anyone to take and enjoy. It is outside the main library and anyone is welcome to take or drop off books or magazines at their convenience.



We kindly request you to only bring publications in decent condition, and NO waste paper.

Please note that this service is only available during library working hours from

- **9am—4:30pm, Monday—Saturday, except on Tuesday, when we are open in the evenings from 4—6:30pm.**

Come visit us! The AV Library is a treasure trove of amazing books.

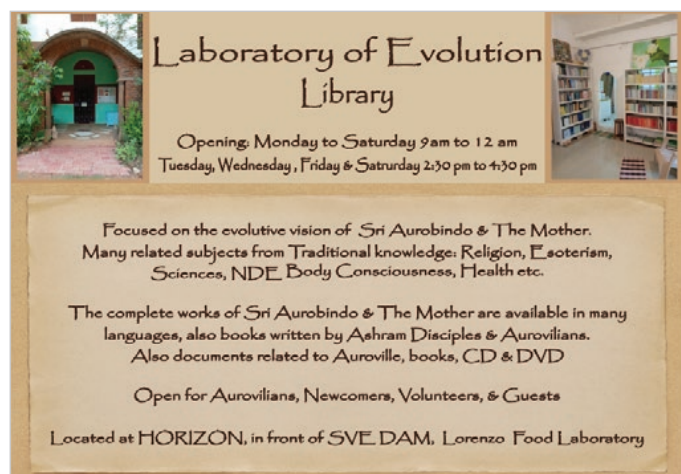
Contacts: 0413 262 2894, avlib@auroville.org.in

- <http://library.auroville.org.in/>

Opening timings

- **Mornings:** Monday—Saturday, 9am—12:30pm
- **Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4:30pm
 - Tuesday: 4—6:30pm

*Ayesha for Auroville Library team
(Kathrin, Amy, Ayesha, Kalaivani,
Vani, Doris, Devna, and Pushpa)*



Kalyani

Education

AV PRE-CRÈCHE INITIATIVE

In the spirit of shared learning, care, and community, AV Pre-Crèche is happy to open its space to guests, volunteers, homeschooling Aurovilians, and Newcomers.

This initiative also creates a space for parents to meet, connect, and form supportive relationships, offering the sense of collective belonging.

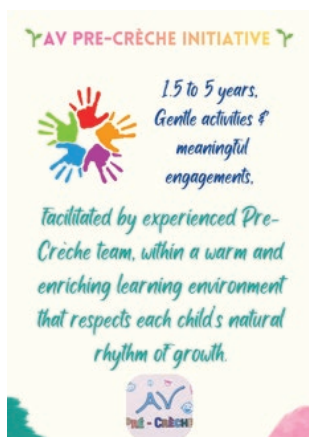
We look forward to welcoming families into a space of care, exploration, and quiet joy.

- For details, please contact us avprecreche@auroville.org.in

If you need any clarification WA (text only):

- Suganya: +91 98431 16948
- Thamur: +91 90476 63217

Nilima for Pre Creche



ILAINARKAL EDUCATION CENTRE

Month long celebration schedule, February

Date, Time	Venue	Event
7—8 February Saturday & Sunday 9am—5pm	Ilaignarkal Education Centre	Auroville Marathon—Display of handicraft items by Ilaignarkal Education Centre (IEC) beneficiaries at Auroville Bazaar, WeDo Group, Kottaikarai.
9 February Monday 10—11:30am	Ilaignarkal Education Centre	Meeting Ms. Nelleke, a Social Worker from the Netherlands. Special Amaithikural Vattam—Voice of Peace group meeting dedicated servitors to uplift needy people in Auroville Region
10 February Tuesday 10am—12:30pm	Ilaignarkal Education Centre	Workshop on Healing—Siddha by Vaithiar K.P.Selvam, Vellore. Universal Herbal Garden (Aadula Salai Muligai Thottam) inauguration at IEC Campus
14 February Saturday 10am—12:30pm	Mohaman Cultural Centre	Releasing of book by R. Meenakshi on Sri Aurobindo—100 Golden Pollens
16 February Monday 10—11:30am	Ilaignarkal Education Centre	Pranayama & Healing Session for women
20 February Friday 10—11:30am	Ilaignarkal Education Centre	Singing Auroville Songs and Unity songs with Joyful learning Students (Karthik Manimegalai)
21 February Saturday 3:30—4:30pm	Ilaignarkal Education Centre	Releasing Book of Rhymes by R. Meenakshi in Tamil Marakilai Oonjal (Educational/Cultural songs)
26 February— 6 March Thursday—Fri- day 9:30am—5pm	Ilaignarkal Education Centre	Exhibition on the History of Ilaignarkal Education Centre 50 years. (1976-2026)—Research publications and educational materials created
27 February Friday 10—11:30am	Ilaignarkal Education Centre	Body awareness program for children
28 February Saturday 4—5pm	Ilaignarkal Education Centre	Auroville Birthday Celebration with IEC Dance learners/ Best Child and Child Artist/ Best Youth/ Best worker Awards conferring function.

Meenakshi for IEC

CALL FOR PROPOSALS—SAIER

Every year SAIER receives a small grant from the Government of India for supporting innovative programs in the fields of education and/or culture.

SAIER is accepting project proposals for 2026—27 in three categories:

- Research
- Activities
- Publications

Project funds can support human resources and/or materials for the project. Please note that projects are intended to be of limited duration, instead of recurring yearly activities.

We are setting a deadline of 5 March 2026 for the first round of project proposals.

- Please feel free to contact saiier@auroville.org.in for proposal forms.

The SAIER team, from Mass Bulletin

LILALOKA

"A place where play transforms, where joy opens the path."—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.

"Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique."

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.



Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- **Once a week, age: 0—12 months, parents and babies together.**

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- **Two times per week (or as per group needs), age: 1—2 years old, with parents**

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants' Community

- **Daily mornings, age: 1½—3 years**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- **Three times per week, open mornings to all children aged 5+**

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- **Twice per week, age: 3—6 years**

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- **Once per week, children 6—11 Years**

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- **By appointment**

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela

KUILAI CREATIVE CENTRE, REGULAR ACTIVITIES

(A unit of SAIIR)

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).

Please contact us to inquire about the class timings.

- kulaicreativecentre@auroville.org.in
- +91 8608473385 WA



Selva from KCC

YUVABE EDUCATION

Yuvabe Education is pleased to announce the launch of its 3-Month Bridge Foundational Programme, designed for young adults in the Auroville Bioregion who are seeking to build strong personal, academic, and professional foundations.

Conducted every Saturday, this programme focuses on developing essential life and workplace skills such as communication, digital literacy, critical thinking, problem-solving, and professional readiness. Through experiential and activity-based learning, participants gain practical exposure, guided mentorship, and increased confidence to navigate future education or employment pathways.

The Saturday-only format allows learners to balance the programme alongside other commitments, making it accessible and flexible while remaining impactful.

- [Download Flyer](#)
- Programme starts 7 February 2026.
- Apply before 5 February 2026: [Fill the form here](#)

For further information or enrollment details:

- Phone: 9677604467
- Email: bridge@yuvabe.com
- [Whatsapp group](#)

For more info visit: <https://www.yuvabeeducation.com>

Follow Yuvabe Education:

Instagram: <https://www.instagram.com/yuvabe.education/>

Facebook: <https://www.facebook.com/yuvabe.education>

LinkedIn: <https://www.linkedin.com/company/yuvabe/>

YouTube: <https://www.youtube.com/@yuvabe.auroville/>

Abilash

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

AI CLASSES

FREE

AI CLASSES ARE BACK!

RESTARTING WITH FRESH ENERGY

Hive
COWORKING SPACE

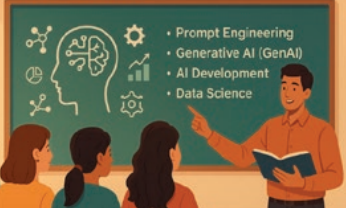
Every Saturday: 10am to 11am

Location: Hive, Auromode

Registration:

RSVP to +91 98867 40850

Join us on this journey once again!



Are you looking to transform your future and career with AI? Come Join our Free AI Masterclass at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

- [Location](#)
- +91 9886740850,
auromodehive@auroville.org.in



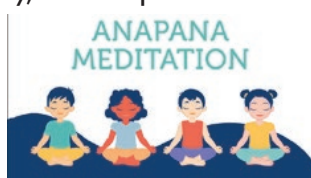
Dhesh

ONE-DAY ANĀPĀNA MEDITATION COURSE

for Children (Ages 10–18)

Saturday, 7 February, 8am–2pm

- @ SAIER Hall, 1st Floor, SAIER Building, next to Town Hall, [Location](#)
- Attendance to the entire day is compulsory
- Course Language: English



A one-day *Anāpāna* meditation course for children will be held in Auroville to introduce the practice of mindful breathing in a peaceful, supportive environment.

What is *Anāpāna*? *Anāpāna* is the ancient technique of observing the natural breath—simple, yet profoundly effective in developing concentration and self-awareness. Taught in the tradition of Vipassana meditation, it helps children calm their minds, improve focus, and cultivate positive qualities such as patience, gratitude, and compassion. Many students find that regular practice enhances their ability to manage emotions, study with clarity, and interact more kindly with others.

- **Lunch:** Vegetarian lunch will be provided.
- **Dress code:** Children are requested to wear loose, comfortable clothing with sleeves suitable for sitting cross-legged on the floor. No shorts please.
- **What to bring:** Water bottle ONLY. All other materials will be provided.
- **Parents:** Please drop children at 8am and pick them up at 2pm.
- Please spread the word among friends and family so more children can benefit from this beautiful practice.
- **Registration (Compulsory!):** Register by Tuesday, 3 February [here](#).
- For details, contact +91 8807434864 WA

Laure

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11–12;
- Edexcel IGCSE and International Advanced Levels (grades 9–12).
- Mathematics 7–8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei,
9442934078,
satori.auroville@gmail.com

SUPPORTIVE LEARNING SATELLITE:

SLS team

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAIER. Our service began in 2015 under the umbrella of the Teachers' Center, SAIER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs. Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

Academic or behavioral aspects. Referrals for children requiring further medical support or assessment. Advise and help to implement family support. Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity

- Please contact us:
9655519546,
sls@auroville.org.in

Ana and Laura
for SLS Team

LEARNING SPACE

opens doors for kids

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville.

Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment.

As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.

A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways.

- For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey



Health Care

VISIT OF TIBETAN DOCTOR

This is to your information, Tibetan Doctor is visiting us on:

- Wednesday, 25 February, 2—5:30pm
- Thursday, 26 February, 8:30am—1pm & 2—5:30pm
- Friday, 27 February, 8:30am—1pm



To get your appointment call us 0413 2622401

The consultation is taken place in Pavilion of Tibetan Culture, International zone.

- We request everyone to get an appointment.

Submitted by Kalsang

MORNING STAR

Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House.

You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Savithri

- +918940571774 WA or email us at morningstar@auroville.org.in

Little Red Feet

- Tuesday and Thursday, 2:30—4pm
- @ Humanscapes Hall



Little Red Feet is a parent-baby play and support group for babies aged 0—2 years.

Each session has a gentle theme, with a joyful space for babies to explore and parents to connect. We also have baby-friendly snacks and tea/ coffee for parents. Join us for a nurturing way to celebrate early childhood together.

Savithri & Paula,
+91 9130084284

SANTÉ SERVICES SCHEDULE



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	Home Care (contact Sante for timings) Physiotherapy w/ Arun Doctor Consultation w/ Dr. Sana

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Book Presentation



Dasha
for Santé Services

ALCOHOLICS ANONYMOUS



Ingrid T.

HEALTH FUND REMINDER

Dear Health Fund Members, the end of the Financial year is approaching and like we do every year, we request you to please submit your **medical bills from April 2025 onwards**. If you have any laying around that is.



- We need them **before or on the 31 March 2026!** That is our last working day for the month of March.
- **Medical bills from March 2026** can be refunded in April 2026, but only the bills from March!

Please don't wait till the last day, and do us the courtesy of submitting them as soon as possible.

We would also like to request our members to please submit your medical bills in the month the treatment is received or medicines purchased, and latest in the first week of the next month.

- We will start this request from the 1 April 2026.
- We would like the **members who have long term/life time** medicine prescriptions to please submit us a copy or renew the prescription **every 6 months**.

In general a prescription should present when submitting medical/ medicine bills.

Stefan & Meenal for Auroville Health Fund

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion.

Available services:

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital



New services:

- Retina imaging,
- Intraocular pressure (glaucoma) monitoring,
- Red Light Therapy for eyes,
- Dry Eye Therapy
 - Timings: 9am—5:30pm,
 - Contact: 9488005685

Aurosugan for Aurokiya

MAATRAM

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm @ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as



- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of:
 - smart phones, social media, video games,
 - eating, porn and gambling.

Clinical Psychologist in Maatram

We are happy to welcome Beatriz to the Maatram team. She is a Clinical Psychologist who brings with her about 30 years of experience in the field.

As Spanish is her first and most natural language, Beatriz will be available and looking forward to offering support for Spanish-speaking community members.

Megha, Raam & Palani

AURODENT CLINIC

Implant Specialist Available at Aurodent

Dr. Aravind Anto
(Oral and Maxillofacial Surgeon)

Our Treatments

We are a gentle and modern dental clinic based in Auroville, committed to providing high-quality dental care in a calm and welcoming environment.

- Dental Check-ups
- Teeth Cleaning
- Cavity filling
- Extractions & Surgical Procedures
- Root Canal Treatment (RCT) & Re-RCT
- Crowns & Bridges (Zirconia)
- Dentures (Flexible & Cast Partial)
- Veneers
- Night Guards
- Invisible Aligners

For Appointment
9629199328 0413-2622063
aurodent@auroville.org.in

AURODENT Auroville

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic.

He will be providing specialised treatments, including:

- Dental implant placement
- Wisdom tooth extractions
- Other complex extractions

Appointments can be booked directly at Aurodent Clinic.

For appointment:

- +91 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Jayasutha for Aurodent

International

AVI MEETING



10 February, 3:45—5:30pm @ Tibetan Pavilion

The AVI meeting will be held on the 10 February at the Tibetan Pavilion. Aurovilians, Newcomers, Volunteers are welcomed to meet the AVI members on the 10 February from 3:45 to 5:30pm.

Vani, AVI Representative

UNITY PAVILION PRESENTS

Unity Pavilion Regular Events

Day Time	Venue	Event Details
Wednesday, 5:30pm	Unity Hall	Sound Bath by Svaram: Experience the gentle power of sound as it flows through you, bringing balance, deep relaxation, and inner harmony.
Thursday, 5pm	Hall Of Peace	Silent Meditation by Pierre: Tune into your psychic self and experience deep inner peace and calm for awakening within.
Friday, 6pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Preeti: Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturday, 10am	Garden	Kids Art Class by artist Janakiraman: A playful exploration of watercolor techniques for children.

By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea —Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. +91 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation . 9699930672 WA

Tao of Tea—Sencha Style Tea Ceremony

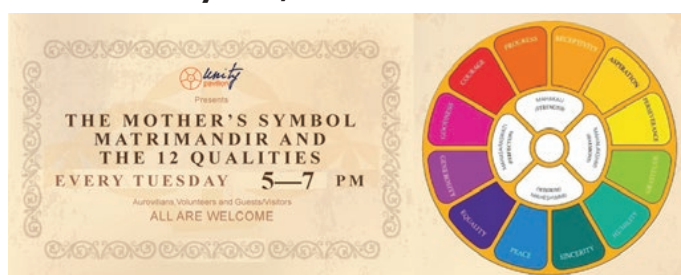


- Through appointments only, +91 9385428400 WA

We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available.)

During this rare, transformative experience, you will explore & experience the healing aspects of the tea. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is an “once-in-a-lifetime” experience that will completely change your perspective on how tea-drinking, especially if you are a tea lover. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

The Mother's Symbol, Matrimandir and 12 Qualities



- Every Tuesday, 5pm, Weekly Experiential Exploration

Join us for a reflective and experiential exploration of The Mother's Symbol and the 12 Qualities—inner attitudes that support conscious growth, harmony, and collective evolution. These sessions invite participants to engage not only intellectually, but through experience, reflection, and shared inquiry, allowing the qualities to be felt, understood, and integrated into daily life.

The sessions are facilitated by Jaya, who has been working with The Mother's Symbol and the 12 Qualities for many years through research, presentations, and interactive dialogues at Unity Pavilion. **Aurovilians, Volunteers and Guests/Visitors, All Are Welcome.**

Kids Art Class

- by artist Janakiraman



Inviting students to form a new group.

- Age: 8 and above, every Saturday, 10:30am—12pm
- Contribution based
- Contact: Janakiraman, 8015362636
 - Unity Pavilion: 0413 2623576, unitypavilion@auroville.org.in

The Flow: Chakra Meditation

Connect with the Source and enter the Flow.



- Friday, 6—7pm @ Unity Pavilion

Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance—leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team:

Sergei—Electronic Musician, Specialist in Social & Musical psychology

Preeti—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development

Preeti for Unity Pavilion,
0413 2623576,
unitypavilion@auroville.org.in

BHARAT NIVAS, The Pavilion of India

Kalaripayattu performance



Submitted by Monisha
for BN Team

FRENCH PAVILION PRESENTS

Encounters with Mother, Documentary

- **Saturday, 14 February, 4:30pm**
@ Town Hall, Cinéma Paradiso – MMC Auditorium
In French & English

Through a documentary film, discover the portraits of 9 people who met Mother. Frederick, André H, Tapas, Gerard M, Shyama, Janaka, Peter, Andre T & Alain Gils will share their feelings and their emotions during this unique moment.



Marie

Concert: L'Yssue by The Compagnie UmArtio

An harp concert composed and performed by Devadalucy

- **Thursday, 12 February @ Pavillon de France**

The Pavillon de France is honoured to present the Compagnie UmArtio and invites you to L'Yssue, a harp concert composed and performed by Devadalucy.

"The vibrations of the harp and the musician's universe create a true sphere of silence within a bubble of melody. These phalanges that invite a journey among angels belong to Devadalucy. They give you wings, if you dare to close your eyes for the time of an escape."

Through her original compositions, Devadalucy weaves a deep sonic space where the harp's vibrations become an inner passage. Between silence, resonance, and melody, the music unfolds as a gentle healing experience: soothing, centering, and inviting surrender. Listening becomes a meditative journey, subtle and enveloping.

The Compagnie UmArtio, a French artistic company founded by Lucie Letellier-Bertron, develops immersive concerts and performances blending harp, poetry, movement and circus. Rooted in imagination and presence, UmArtio's creations open spaces of emotion and reverie, offering audiences an intimate and quietly enchanting artistic.

- This concert is Free



Discussions

THE PAVILLON DE FRANCE
PRESENTS

AN OPEN EXCHANGE ON QUESTIONS OF MEANING
(discussions in French)

This Friday, let's explore together the theme:

La BIENVEILLANCE

FRIDAY 13TH FEBRUARY 2026
5PM - 6:30PM
PAVILLON DE FRANCE, AUROVILLE

DISCUSSIONS

Games

@ Pavillon de France, opposite the Visitor Center

Sunday Pétanque

- Every Sunday,
4—5:30pm

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun.



Board games

- **Wednesdays, 4—5:30pm**

French Pavilion welcomes you every Wednesday, 4—5:30pm for Board-games. Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Submitted by Vivekan & Marie

TIBETAN PAVILION PRESENTS

Pavilion of Tibetan Culture: The Library

The Library in Pavilion of Tibetan Culture is open to the public:

- **Monday and Tuesday,
9:30am—12:30pm**

We look forward to seeing you in the Library.



Wednesday Lhakar lunch

A weekly Lhakar Lunch is happening on:

- **Wednesday, 11 February 12:30—1:30pm**

It will be one of the last Lunch service for this season, until further notice.

- If interested for groups let me know by sending us email to tibetpavilion97@auroville.org.in

Last request receive at 5pm on Tuesday evening.

Kalsang
for Tibetan Pavilion

Festivals

AUROVILLE FESTIVAL 2026

Nrithya Sandhya




Auroville Festival 2026
 Presents
NRITHYA SANDHYA
 A Classical Bharathanatyam Performance
 By
UDHAYA RAMAKRISHNAN
 05th February 2026,
 06:45 pm, Thursday
 Venue: SAWCHU,
 Bharat Nivas, Auroville

Infiltration



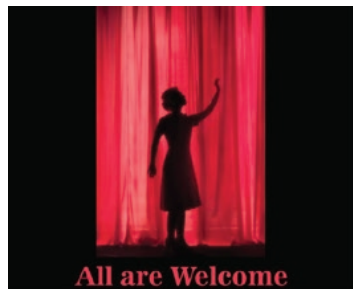

Auroville Festival 2026
 Presents
INFILTRATION
 A Theatre play
 By
RASRANG UGVEM GOA
 06th February 2026,
 07:00 pm, Friday
 Venue: Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

The Spiritual Moments




Auroville Festival 2026
 Presents
THE SPIRITUAL MOMENTS
 Painting Exhibition
 By
PRABHAT KUMAR RAUTRAY
 Join us for the inauguration on
 Friday, 06th February 2026, at 03:30 PM
 From 06th February 2026, 09:00 am - 04:30 pm
 Venue: Kala Kendra, Bharat Nivas, Auroville

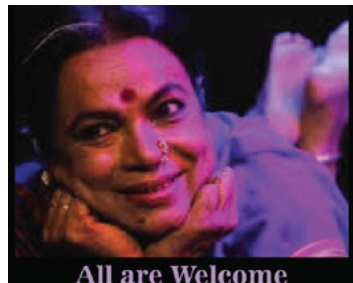
A very simple story



All are Welcome


Auroville Festival 2026
 in collaboration with
NATIONAL SCHOOL OF DRAMA
 Presents
A VERY SIMPLE STORY
 A Theatre play
 By
GITIS, RUSSIA
 07th February 2026,
 07:00 pm, Saturday
 Venue: Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

Sharmishte



All are Welcome


Auroville Festival 2026
 Presents
SHARMISTHE
 A Theatre play
 By
RANGASAMPADA, BENGALURU
 08th February 2026,
 07:00 pm, Sunday
 Venue: Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

Sound Drops



All are Welcome


Auroville Festival 2026
 Presents
SOUND DROPS
 By
BABUA PAHARI (Flute)
SANJIB KUMAR PAL (Tabla)
DIPTESH BHATTACHARYA (Sarod)
 09th February 2026,
 07:00 pm, Monday
 Venue: SAWCHU,
 Bharat Nivas, Auroville

Varanasi



All are Welcome


Auroville Festival 2026
 Presents
VARANASI
 A Bharat Nivas Dance
 BY
A BANDISH ART PRODUCTION
 (unit-Sawarnika Foundation)
 07:00 pm, Friday
 13th February 2026
 Venue:
 Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

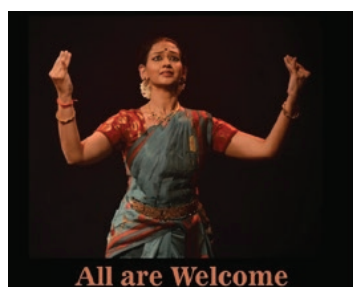
Shivalaya's Shivaratri



All are Welcome


Auroville Festival 2026
 Presents
SHIVALAYA'S SHIVARATRI
 Bharat Nivas Performance
 By
RAJESWARI SADASSIVAM
 15th February 2026,
 06:30 pm, Sunday
 Venue:
 Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

Savitri. Narratives of the Heart



All are Welcome


Auroville Festival 2026
 Presents
SAVITRI
 NARRATIVES OF THE HEART
 Inspired by the Magnum Opus of Sri Aurobindo 'SAVITRI'
 By
JANANI MURALI
 26th February 2026,
 07:00 pm, Thursday
 Venue: Sri Aurobindo Auditorium,
 Bharat Nivas, Auroville

INVITATION TO THE AUROVILLE FESTIVAL 2026

21 to 28 February

We are pleased to extend a warm invitation to the **Auroville Festival 2026**, taking place from **21 to 28 February** at various venues within Bharat Nivas. It will be a week filled with moments of meditation, workshops, engaging discussions on diverse topics, and daily performances.

We kindly invite Aurovilians, Newcomers, and Volunteers to contribute some of their time and energy towards the organization of this event, assisting with its various facets.

Please email us with your availability:

- bharatnivas@auroville.org.in

Let us come together to joyfully prepare for this event, which will be part of our celebrations for the most precious week of the year: Mother's Birthday and Auroville Inauguration Day.

**Janmejaya and Kamala for
Bharat Nivas Trustees**

Theatre, Music & Arts

AUROVILLE CHOIR CONCERT

Saturday, 14 & Sunday, 15 February,
7:30pm @ CRIPA



Join us for a journey through five centuries of choral music from the Renaissance to the modern era.

Seating for this concert is limited to ensure safety and good acoustics.

- Please [reserve your seat online using this link](#).
- Entry without prior reservation will not be possible.
- Kindly book for only one evening, so that as many people as possible may attend.

Please park vehicles in the designated area outside the CRIPA compound.

We look forward to sharing this special moment with you!

Laura for CRIPA

GALLERY MAJI: THE CLAY WAY

14—16 February

open studio // THE CLAY WAY WITH NEHA KUDCHADKAR feb 14 -16



MAJI
Maroma Art Gallery

// 9am to 5pm
Maroma, Aspiration Street, Auroville

An open studio is an invitation to process, to conversations about how work is built, to witness ongoing questions and risks; to the studio as a living space.

The current cohort of **The Clay Way** with Supriya Menon Meneghetti, Tejashri Patil Pradhan, Neeti Gokhalay Kheny and Cynthia Lewis, invite you into their practice, on the 15 and 16 at Gallery MAJI.

Sagarika

EXHIBITION IN PITANGA

Monday to Saturday, 8:30am–12pm & 2:30–5:30pm

Origin by Bhavyo

• 30 January—27 February 2026

ORIGIN
brush on porcelain. by Bhavyo



"This body of work was created during a three-month intensive ceramics residency at Taoxicuan Art Avenue in Jingdezhen, China. My aim was to fuse calligraphic and gestural movement with Jingdezhen glazes.

Nature served as my muse; I sketched and researched in pockets of green throughout the city, translating these observations into layered strokes on porcelain tiles.

The diversity of ceramics and access to local techniques and tools allowed me to expand my practice and develop a new series, resulting in over 75 works.

I invite the community to view a selection of these pieces and share a glimpse of my journey in China."

Submitted by Anandamay

CENTRE D'ART

Ok Jeong Lee:

中 and 그 후/ In the Middle and After

• 23 January—11 February

- Tuesday to Friday 2—5:30pm,
Saturday, 10am—12:30pm & 2—5:30pm,
- Morning by appointment

As in the fairy tales of your childhood, you walk forward, torn between apprehension and wonder, in the dim light of a forest that filters out the light of the outside world.

Around you hang long strips of cut-up vines made from scraps left over from the manufacture of COVID masks. As you turn a corner, you discover sculptural objects, silky paintings, metal flowers, hybrid creatures, and strange totems embedded in the fabric vegetation. You become aware of your bated breath, your emotions, the feeling of disorientation, the person ahead of you and the one behind you on the narrow path that Ok Jeong Lee leads you down.

Ok Jeong Lee's installation is a metaphor for the succession of unprecedented crises facing the world, a state of permanent disruption with no apparent end in sight. It explores the capacity of humans, as transitional beings, to evolve and face a process of transformation towards new realities, emphasizing the experience of living a situation from within rather than observing it from the outside.

In this respect, it echoes the Relational Aesthetics theorized by French art historian Nicolas Bourriaud, according to whom works of art, beyond their form or style, contribute to creating new inter-human relationships and a new sensibility.

The space she imagines for us is an invitation to sit down, reflect individually on this journey, and contemplate, in the company of other visitors, a pacified future at the end of the road.

Dominique Jacques.

Submitted by Marco

Dance Activities

Garba

Tuesdays, 3,10,17,24 February, 5—6pm @ CRIPA

A joyful prayer in motion, where rhythm, dance & community meet in a circle of life. This month is focused on learning a small choreography.

- Know more/ sign up: 8870730567 WA
- Limited slots, registration required
- **Please note:** These are not drop in classes.

Megha

DANCE CLASSES BY MANI

Tango Dance Evenings @ CRIPA

• Tuesdays & Thursdays 7pm
@ CRIPA (Small Room)

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers:
Free/ Donation-based
- Guests & Others: Contribution welcome



Let's share the magic of Tango, connect through music, and grow together in movement and harmony.

Salsa Dance Classes @ CRIPA

• Monday & Friday—7pm
@ CRIPA (Small Room)

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers:
Donation-based
- Guests & Others: Contribution welcome



Let's share the joy of dance, connect with positive energy, and keep improving.

8637633696, Mani

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm:
Introduction to Tango
- Wednesday, 7:30pm:
Practica
- Friday, 6:30pm:
OpenSource
- Saturday: Bi-monthly
Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!



+91 9821166082,

tango@auroville.org.in,

Aurevan

DANCE, MOVEMENT AND BALLET FOR CHILDREN

@ New Creation Dance Studio!



We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Twins' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries:

- +91 9600225764

Fleur

CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm, @ SAWCHU

My name is Caveri Suresh, I'm a Bharatnatyam Dance teacher for 27 years. I would like to share and teach my art form with you all. Dancing was always my great passion. Through the years, I became a skilled professional Bharatnatyam dancer. This form of traditional South-Indian dance art I would like to share with our community from all over the world.



Education: Here are my following education to teach this dance form:

- BPA (Bachelors in Performing Arts)
- MFA (Masters in Fine Arts)
- Tanjore Tamil University TDT (Teacher's Training in Dance).

I would like to offer this class to **Beginners, Intermediate and Advanced students**.

I am already conducting my dance class in Bharat Nivas. This class is an offering for the community; if you feel to make a contribution it is most welcomed. I have taken my students on trips where they experience performing in different venues and famous temples around Tamil Nadu and I intend to continue this.

Caveri Suresh, Diya Dance Studio

Music and Dance Classes

- Saturday, 3—4pm @ Bharat Nivas

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari, Kamala, Palani, Selvi, Suriyagandhi, Aurohamsadhwani Arts Team

Theatre, Music & Art Activities

SOUL MOTION—INTEGRAL DANCE

Wednesday, 11 February, 9:30—11am @ CRIPA

Soul Motion Integral Dance

Wednesday Feb. 11th, 9:30-11:00am
CRIPA

Guided by Martin Steixner, Soul Motion—Conscious Dance Teacher.



Come as you are and emerge into the presence! No pre-requisites. Guided by Martin Steixner, Soul Motion—Conscious Dance Teacher and Founder of SoulRhythms—5 Rhythms & Soul Motion Austria.

Laura for CRIPA

CREEVA: ART ACTIVITIES IN FEBRUARY

Center for Research Education Experience
in Visual Art

Watercolour painting workshop

- Every Wednesday, 2—4pm

Life drawing session

- Every Saturday, 10am—12pm

T-shirt Painting, Bottle Painting Workshop Paper Pulp Doll Art Workshop

- Every Sunday, 3—4:30pm

Rediscover the joy of creativity and childhood play, through eco friendly paper pulp. By Giribala Tripathy: From Odisha, based in Pondicherry, Sri Aurobindo Ashram artist with over two decades of creative and sustainable art practice.

Live portrait sketch

For personalised live portrait sketch book a session with Sathya.



Open studio

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

For info contact Sathya:

- +91 9486145072
- sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

NEW CHOIR PRACTICE

Tuesdays, 8—10pm @ CRIPA

Simple but powerful polyphonies—high and low voices meeting in harmony.

Sing if you wish, laugh, feel, and let yourself be carried by the beauty of voices weaving together.

We'll open with a voice warm-up, moving through the rhythms of our bodies and breaths, connecting with self and others.

Feel free to talk about it to anyone who likes to sing. Prior experience in singing is not required! See you soon

- For more information: +49 17645775378 WA Jonas



SVARAM ACTIVITIES

Sound Healing Session

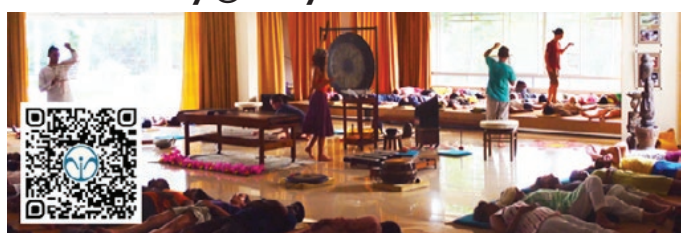


This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

By Appointment Only

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- Every Wednesday, 5:30—6:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,
- Sunday, 10:30am—12:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

Vocal Unfolding



- 7—8 February, 10am—5:30pm

This two-day seminar with Schirin Zareh, who has participated in the development of the Lichtenberger Institute for Applied Voice Physiology for over 40 years, encompasses group exercises designed to awaken and deepen sensory awareness in our resonating body.

Sonorium Wellness Training



- 9—14 February, 9:30am—5pm

A concentrated 6-day immersion into the art of sound-based well-being. Whether you're a sound practitioner, wellness practitioner, therapist, musician, or seeker of healing arts, this training equips you with the tools to work confidently with the Sonorium setup and guide others into restorative healing sonic experiences.

Immersive Flumie Workshop



- 6—8 March, Variable Timings

We invite you to a weekend of flumie playing with the maker of the B Love professional flumies, widely regarded as the finest flumies on the market, not only for their exceptional craftsmanship, but above all for their extraordinary range of soundscapes and the seemingly endless discovery of new harmonics.

- For details, please visit svaram.org/events-booking-calendar or scan the QR Code

ISSP Module 1: Principles and Concepts of Therapeutic Music & Sound Work



- 9—14 March, 9:30am—5pm

This first of a 4-module Certificate Course in Integral Sound Studies and Practices (ISSP) offers a thorough introduction, exposure, immersion, and training in the vast subject of Sound and Well-being.

Planetary Sound Symphony



- 16—18 March, 9:30am—6pm

Join a 3-day intensive transformance training exploring sound as a living, relational, and performative force. This workshop offers a focused entry into contemporary sound music practice, integrating planetary-tuned instruments, embodied listening, and advanced ensemble resonance work.

- For details, please visit svaram.org/events-booking-calendar or scan the QR Code

Aurelio
for the SVARAM Team

SV117 - 5 February 2026

THETA HEALING SESSIONS

@ Svaram: Calm, Release, Transform

A gentle practice that activates your theta brain waves to:

- Reduce stress & anxiety; Release fear and limiting beliefs; Heal past experiences; Break old emotional patterns; Open blockages

In this deeper state, you connect with your subconscious mind—the place where real change and healing begin.

For appointment

- Please contact 9843191370

Submitted by Niva

PHOTO CIRCLE MEETS AGAIN

Friday, 6 February, 5pm

@ Centre d'Art multimedia room,
Citadines

The Photocircle brings together Auroville's photographers and amateurs. We share our own work, show the work of global photographers we admire, discuss the history of photography, and share techniques. Anybody can bring and screen a small selection of images.

Everybody's welcome



Marco

Sports & Martial Arts

RUN FOR THE JOY OF RUNNING

16th Auroville Marathon

Sunday, 8 February 2026

Warm greetings from the Auroville Marathon Team!

It's that special time of the year again when our community comes alive with the spirit of running, togetherness, and joy. This Sunday, we are honored to welcome more than 3,500 runners from across the world—each carrying their own unique story, determination, and love for running.



Race Timings

- Full Marathon—5am
- Half Marathon—6am
- 10K Run—7am
 - Start: Visitor Center, Finish: Aurodam Football Ground
- Children's/ Open Run—8am
 - Start: Visitor Center, Finish: In front of Solitude Farm

Celebrate & Support the Runners

We warmly invite Aurovilians and guests to come together and cheer for the runners as they pass through our beautiful surroundings. A smile, a clap, or a few encouraging words can truly uplift their spirits. You may play music, offer water, or simply send them your good wishes—every gesture of kindness makes a difference.

A Few Requests from the Heart

- Drive gently and mindfully: Please slow down and share the roads with runners and walkers. Creating less dust will help make their journey more joyful.
- Caring for our furry friends: If you have pets, kindly keep them under supervision to ensure a safe and peaceful experience for everyone.

Bib Collection Details

- 7 February, 9am—7pm,
Bharat Nivas

Aid Stations & Timings

- Visitor Center: 4:30am—11:30am
- Pitanga: 5am—8:45am
- Deepanam School: 5:15am to 8:55am
- Gaia Junction: 5:20am—9:20am
- Ansuya Forest: 5:30am—9:30am
- Aikyam School/ New Creation: 5:40am—9:40am
- Rajeswari College: 5:45am—9:50am
- Transition School: 5:55am—10:05am
- Sincerity GH (Crown Road): 6am—10:20am

This event is not just about running—it is about coming together as a community, embracing the spirit of Auroville, and celebrating movement, mindfulness, and human connection. Let's create a beautiful and memorable day for everyone. Everyone is welcome!

*Saravanan / Manikandan
for Auroville Marathon Team*

ANNOUNCEMENT

for Marathon Runners

Saturday, 7 February, 6pm onwards

@ Visitors Center the Right Path cafeteria, Auroville

Marathon runners! Welcome to Auroville.

The Right Path Cafe at Visitors Center will prepare the special dinner "buffet for the marathoners". Registered marathoners and the family welcome.

- Booking preferred via WA and email address
+91 9043004919, cafeteriavc@auroville.org.in

Li

BUDOKAN:

Class Hours and New Activities

Aikido

For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday
 - Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaïso

- Monday to Friday: 8—9am
- Saturday: 9—10am

Yoga

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu

- Saturday & Wednesday (on appointment)

*Michaël
for Auroville Budokan, Dehashakti*

THE ART OF CHI:

Stevanovitch Method

Classes with Hans

- Monday, Wednesday, Friday, 6:30—7:30am
- First time? Please come on Friday.

8110848123 WA, Hans

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 700 students of all genders, ages, and experience levels. We've hosted expert coaches and black belts of many martial art styles, and introduced our students to a vast range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Striking/Self Defence with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual; Short nails, sportswear, and no jewelry; Stay home if you're unwell or have open wounds

- **For updates and participation:**
+91 94873 40778

- For more info contact us:
abhaya@auroville.com

<https://abhayauroville.wordpress.com/>
<https://www.instagram.com/abhayauroville/>

Giacomo for Abhaya



AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Aikido activity schedule

Monday to Friday:

- **Adult class:** 6—7:30am
- **Children class:** 3:50—4:50pm

Saturday:

- **Advanced:** 6—8am
- **Weapon:** 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- **Monday to Friday:** 8—9am
- **Friday:** 5:15—6:15pm
- **Saturday:** 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.



MARTIAL ARTS IN BHARAT NIVAS

Kalaripayattu Regular Class Updated Timings



- **Monday to Friday.**
Morning Regular Class: 7—8am, fee: Rs.3000
- **Evening Regular Class:** 4:30—5:30pm, fee: Rs.3000
- **Morning & Evening (Regular Classes)**
Combined Fee: Rs.5000
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium

Regular Silambam Class

- **Wednesday & Saturday, 5—6pm @ SAWCHU**



Grappling and Rudiments of Martial Arts for kids

- **Tuesday & Thursday, 4—5pm @ Harmony Hall**



KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200 **Maneesh**



MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance
- Build confidence, improve technique, and enjoy the water!

- **To enquire:**
+91 8940288090 WA

Sonia and Ana



SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old). What We Offer:

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique. Limited spaces available to ensure quality and care for every participant.

- Location: Auroville, Flexible timings available

Dive in and discover the joy of swimming—safely, confidently, and at your own pace. **8637633696, Mani**



AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing



- Mondays and Wednesday, 5pm
- Please contact Balaji: 8940224950

Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber 638563 5943



Submitted by Beber

Bioregion, Crafts & Nature Activities

WELLPAPER WORKSHOP

10am—4pm,
every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722, 0413 2969722

Viji





Open Studio Mornings
Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshop

Location : Recentre, Ok Upcycling Studio
Tel : 6384043908

Every Tuesday 10am—12pm

@ Ok Upcycling Studio, Recentre

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

Come explore, learn, and get inspired!

6384043908, Veronese

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!



Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only **on Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna
for Solitude Farm & Café

MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration: Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

• **Office timing:** 9am—4pm, Monday to Saturday

Make and Take Workshops

• Monday to Saturday, 10am—12:30pm or 2—5pm



Bamboo Candle

Potter

Coconut Shell Craft

Dream Catcher

Incense Making

Kolam Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

• Monday to Saturday, 10:30am—1pm



Village Tour

Wood Fossil Visit

Munnur-Perumukkal

Kaluveli Tank Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

• Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's north-west zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Shamanic circle

• Wednesdays, 11, 18, 25 February, 5—6:30pm



A sacred group practice where people gather in a circle to connect through rhythm, sound and presence, creating healing, awareness and inner balance.

Deep Sound bath 5 Element by Satyaguga

• Tuesdays, 10, 17, 24 February, 5—6:30 pm



Connect to your inner self through vibrations & divine chants.

Awaken the heart: Cacao & sound journey by Lakshmi

• 6, 20 February, 6—8pm

A sacred space to soften, to listen, together we'll sip ceremonial cacao and to return home to your Heart.



Thiruvannamalai Spiritual Services:

Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville
- Tour, retreat space
- Camping, Temple visit
- Ashram, Girivalam Full Moon experience

For booking and more information

• Contact: +91 8300949079
mohanamprogram@auroville.org.in

Rajaveni

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

• Monday—Saturday
8:30am—12:30pm, 1:30—5pm



Special bamboo lunch @ Auroville Bamboo Centre

• Every Saturday, 12—2:30pm
• Pre-book in advance



Enjoy the Special Bamboo Lunch.

Make and take workshops

• Monday—Saturday, 10am—4:30pm
• Pre-book in advance



Bamboo Jewelry

Bamboo Instrument

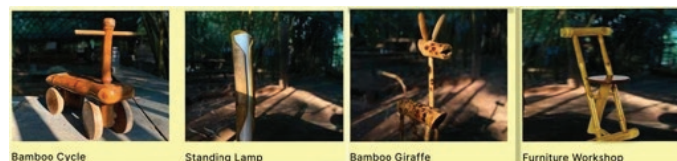
Bamboo Planter

Bamboo Toy

Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops:

• Pre-book in advance
• Monday—Saturday, 9am—5pm



Bamboo Cycle

Standing Lamp

Bamboo Giraffe

Furniture Workshop

Bamboo Joineries Workshop

• 20 & 21 February, 9am—5pm

Come and learn the bamboo joineries, basic machines, bamboo cutting and splitting.



Pre-booking is necessary for registration:

• bamboocentre@auroville.org.in
• +91 8300949081

Balasundaram

ENLIGHT

ENLIGHT
Light of Auroville

Contact: Arun / Balaji
+91 88381 72521 / enlight@auroville.org.in



Explore Auroville

Bioregion Tour

Art & Craft Workshops



Fireside Drumming



Cycle Tour



Cooking Class

Arun, Anand and Balaji
for Enlight Team

EGAI: Learn from Artisans



Contact Anand : +91 9791896488 / egai@auroville.org.in

Anand

ACTIVITIES BY INSIDE INDIA

Kolam Mandala Workshop

- Every Friday, 10am—12pm

Join us for our Tamil Kolam Workshop.

Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Open to all skill levels.



Bio-Region Tours by Inside India

- Tours run from 10am—2pm with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

Cycle Tours through Auroville

- 10am—2pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

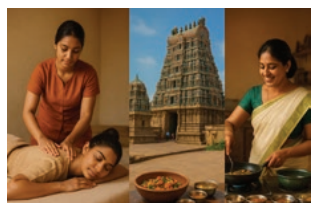
tours@insideindiaauroville.com
Shaheen for Inside India

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour:

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone, rupavathijoy@gmail.com

Rupavathi

SADHANA FOREST Plant based Saturday

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk

AuroOrchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville's food system for more than five decades. Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms.

We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.

- Please [sign up for the baskets here](#) to get added to the list.



Volunteering

Spread over 25 acres, AuroOrchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people.

We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday, 7—9am and/ or 9:30am—12pm.
- We offer breakfast made with farm produce! Link to [sign up for volunteering](#) here.

Anshul



Available

Avocado tree saplings available

Integral Harmony farm has about 150 avocado tree saplings. If interested come on Saturdays to the Integral Harmony Farm in Discipline. Cost is Rs.50 per sapling.

- Contact Velmurugan: +91 97514 68504
or Lisa: +91 9787825952.

Lisa
for Integral Harmony Farm Team

Looking For

Housesitter, Aurovilian or Newcomer: Shaktiprem

In a community close to all services, with magnificent collective garden, one-bedroom apartment with large green terrace and also balcony, well ventilated and furnished and quiet neighborhood.

We're looking for a rare gem who cares about the quality of life and the beauty of the surroundings, and is willing to take good care of one of the Foundation's housing assets.

Charges are Rs4000 per month including monthly community fees, Internet and fixed telephone (local calls only) and contribution to the Housing repair fund.

Period of 10 consecutive months from beginning of March to end of December. Interviews in progress. Send contact details, photo, presentation with occupation and place of work and motivation letter to:

- gestmb@yahoo.ca

Shaktiprem

Looking for Housesitter: Yën

Seeking Aurovilian, Newcomer or Volunteer to housesit a small single duplex place in Auromodèle from the beginning of April till the end of December 2026. Looking for a super clean responsible woman. Expenses will be discussed when we meet.

+ 919566472590,
adorabilis@icloud.com, Yën

Wanted a Full Set of CWSA

If anyone of you have Sri Aurobindo's whole volume set of complete works of Sri Aurobindo please contact me on gijubhaidave@gmail.com or +91 9429063538 WA message.

Gijubhai,
an Aurovilian

Looking for a long-term house-sitting: Lakshmi

My name is Lakshmi, an Aurovilian living in Auroville for the past 9 years. I'm currently looking for a long-term house-sitting opportunity. I am responsible, clean, respectful, and take loving care of the space I live in.

If you feel you may have something to offer, or know someone who does, please feel free to DM me.

Lakshmi, +918489764602,
lakshmiprem369@gmail.com

Taxi Share

To Chennai Airport, 9 February

From Chennai Airport, 11 February

Monday, 9 February—ideally, but I can be a little flexible (I am attending dental work nearby, as have very little luggage). I will return on Wednesday, 11, from late morning onwards. Please message on 9677946674.

James

Animal Care

URGENTLY VOLUNTEERS NEEDED for Dog Shelter

We urgently need kind and dedicated volunteers to support our dog shelter. Your help can make a real difference in the lives of rescued dogs.

We are currently looking for volunteers in the following areas:

- Web Designing
- Poster & Awareness Material Design
- Medical Field (vets, vet students, or medical assistance)
- Providing Essential Supplies (food, medicines, blankets, cleaning items, etc.)
- General Shelter Support & Care

If you have time, skills, or resources to help, please come forward. Every small contribution counts and helps us provide better care for our dogs.

- Contact: 9443203092
- aurovilledogshelter@auroville.org.in

Dr. Kumar (Executive), Sugar (Executive),
Shanthi (Admin)

MEET. GREET. WAG.

14 February, 10am – 4pm, drop in anytime

@ Auroville Visitors Centre

A Valentine's Day meet-and-greet with the dogs of Auroville Dog Shelter. Learn about adoption, volunteering, and supporting the shelter's work.

aurovilledogshelter@auroville.org.in

Dr. Kumar, Sugar, Shanthi,
Ankita



KITTENS: ADOPTION ALERT!

Sweet 9 month old bonded sister kittens, lovingly bottle-raised indoors, looking for a caring forever home—ideally together. Lilliputhian and Panthera are both gentle, silent, curious and affectionate. All vaccinations, medications, micro-chip and papers up-to-date for international travel. Neutering planned. Kindly contact +91 9904154090 or +43 6643662160 if you would like to know more! :)



Vandana

Office Spaces

Need to find a small workshop space

We are about to create a Unit in Auroville and we need to find a small workshop space for a craft activity. We need around 20m² or more, suitable for manual/ craft work, electricity and basic access. If you have/know any available space please contact me: Yoann, +916385539302

Submitted by Meg Han

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in



Laure

Hive Coworking Space Open House

- Every Friday, 9am—7pm
@ Hive, Auromode.



NEED A PLACE TO WORK?

OPEN HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA or drop by.

Dhesh for Hive Team

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person, or by phone to 2622293/ 2622294
or e-mail adps@auroville.org.in

Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
pandian@auroville.org.in

Pandian

Honorary Voluntary

ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA



AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy.

We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details:

- aarambham@auroville.org.in
- +91 83002 88303, WA messages

Alexey



GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274 WA or
call 8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.

The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel at earthyyoga@hotmail.com or stop by in the morning sometime to explore the possibilities.

Noel Parent

WEBSITE & IT SUPPORT (holistic)

Holistic is looking for a skilled IT volunteer to support us with:

- Creating and setting up our website
- Managing domain, hosting, and email configuration
- Providing ongoing technical and systems support



We warmly welcome someone who also feels aligned with healing, holistic work, or inner growth, as it will help us work together with deeper understanding.

If you have experience in website development and IT and would like to offer your skills in service, we would be grateful.

Contact:

- sandyra@auroville.org, 9443619403.

Sandyra

Work Opportunities

AUROVILLE WATER SERVICE is looking for Aurovilians

Auroville Water Service is looking Aurovilians who want to work with us in water-related activities. We are looking for:

- Water Engineer,
- Manager non-technical (HRD, Fin, Area etc.) and
- an Assistant Manager Operations.

If you need more information about one of the functions, please pass by at our office at the Vikas Radial (Square Water Tower).

Toby for Auroville Water Service

AURORA'S EYE FILMS

Looking for a Social Media Manager (Part-Time)

We are seeking a creative and reliable Social Media Manager to support Aurora's Eye Films, an independent film studio based in Auroville.



Aurora's Eye Films

This part-time, on-site role involves managing and growing our online presence across multiple platforms while supporting our ongoing documentary and film projects.

Key Responsibilities: Edit photos and short videos for social media; Create engaging Reels and short-form video content; Schedule and manage content across multiple platforms (Instagram, Facebook, YouTube, etc.); Maintain a consistent visual and storytelling style aligned with Aurora's Eye Films; Support promotion of films, series, and behind-the-scenes studio work.

Requirements: Experience with social media content creation and scheduling; Basic photo and video editing skills (Reels experience is a must); An interest in film, storytelling, and meaningful, real-world projects; Ability to work independently and collaboratively; Must be based in or able to work on-site in Auroville.

Role Details: Part-time position, Based in Auroville; Compensation follows Auroville working unit rates

This role is ideal for someone who enjoys creative storytelling, understands social media trends, and wants to contribute to purpose-driven filmmaking rather than commercial media alone.

To apply: Please send a short introduction, CV and examples of your social media work (or portfolio) to

- serena_aurora@auroville.org.in. *Serena*

NEW ERA SENIOR SECONDARY SCHOOL (CBSE)

Aspiration, Kulapalayam, Auroville
We are hiring: PGT-biology teacher

- **Qualification:** M. Sc. Biology B.Ed.
- **Experience:** 1—2 years
- **Description:** Seeking a qualified and enthusiastic PGT biology teacher to handle class 9—11. Strong communication skills and ability to motivate students.

Send your resume to our email address:

- ness@auroville.org.in, 8072627852 *K. Venkatesh*



Invitation to the City the Earth Needs.

Auroville grows when aspirants gather from around the world with clarity of purpose.

AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open:

- Filmmakers
- Cinematographers
- Editors
- Content Creators

Contact:

- +91 73965 57993 WA, aware@auroville.org.in
- awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations.

*Sajiv, project manager,
for Aware Auroville.*

TO BE TWO

- **Open Position:** Fashion Boutique Store In-Charge
- **Experience in:** Stock maintenance, barcoding system (Excel & Word)
- **Apply Now,** Send CV to: +91 7639799590, tobetwo@auroville.org.in
- **Working Time:** Monday—Saturday, 8:30am—5pm

Pavitra

TOWN HALL: RECEPTIONIST

We are seeking a motivated and skilled Aurovillian to join our team as a half-time receptionist!

Requirements

- Fluent in English (reading, writing, and speaking)
- Proficient in Excel, Google apps, and Zoho
- Adaptable to morning and afternoon shifts

Responsibilities:

- Reception duties, Administrative tasks
- Working with various apps and software

If you're interested and meet the requirements, send your resume to ACUR

- acur@auroville.org.in
- or contact Balaji: +91 8270071581 WA

Let's work together to make our community thrive!

*Balaji
for ACUR Management*

Poetry

GLORIES AND STORIES

Glories and stories
Rise and fall,
Scrape the sky,
Then free-fall.
Who stands still,
Towering all,
After all?

Anandi Z.

WINGS OF WAX

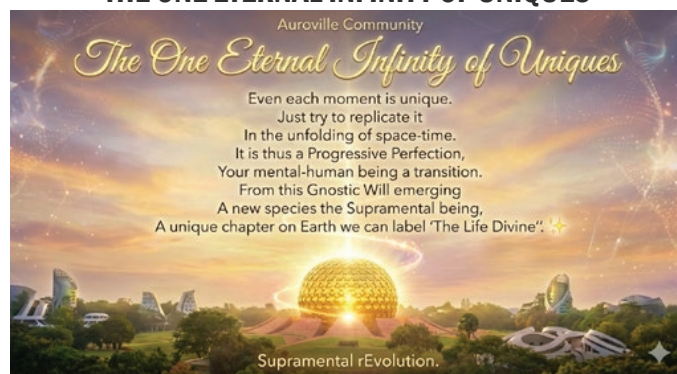


O Icarus
Fly to the sun
If you must
But remember
These are wings of wax
And you are forever ablaze
With the fire of longing.
An eternal child of Mother Earth
You are
Winged with wonder
And born again and yet again
From the smouldering ashes
Of an eternal fire
Hidden here
Down under
In Earth's black beating heart.
What new labyrinth
Might you enter?
What new Father
May come to your rescue?
What new wings
Dare you discover
To embrace the Sun
Here
Down Under
In the ever-rising mists
On the moist Earth?
O Icarus
The Sun, The Earth, The Sea
The Labyrinth, The Minotaur
All await your answer.

Sehdev Kumar

Voices & Notes

THE ONE ETERNAL INFINITY OF UNIQUES



Even each moment is unique.
Just try to replicate it
In the unfolding of space-time.
It is thus a Progressive Perfection,
Your mental-human being a transition.
From this Gnostic Will emerging
A new species the Supramental being,
A unique chapter on Earth we can label
'The Life Divine'.

That accompanying poster came about by this prompt to Google Gemini:

I have a new poem for the Auroville Community, in the context of this 58-year old "laboratory of evolution" that Sri Aurobindo and the Mother have envisioned and founded. This City of Dawn as a dynamic living continuation of the Supramental rEvolution they kickstarted as the Dual Kalki Avatar towards the Satya Yuga, the Golden Age, the Life Divine.

- The [raw transcript is in the following link](#).

Even with a very fitting, humorous ending...

Note: To continue with the full post with penetrating and playful commentaries, please scan the QR Code or go to this blogsite and open the post with the same title:

- <https://zechjoya.blogspot.com/>



Zech

AUROVILLE RADIO TV

Your favourite radio
is always working for you. Stay Tuned!

Last published Podcasts

- [Savitri—Ep.34: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 22: "The Problem of Life"](#) (Sri Aurobindo)
- [Savitri—Ep.33: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.523](#) (Integral Yoga)
- [Marlenka's weekly Offering—Ep.162](#) (Literature)
- [Jumpa's Joyous Journey with Fif-Ep.5 "Sincerity"](#) (Story Telling)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 21: "The Ascent of Life"](#) (Sri Aurobindo)

....and more! on www.aurovillerradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya
for AurovilleRadioTV



Foods, Goods & Services

A NEW SERVICE FROM ECO SERVICE

As we all have noticed of late there has been a growing amount of litter being dumped along the roads, pathways and in the bushes within the city, we are pleased to announce to the community a much needed extension of our regular waste pick up service.

Launching on its Birthday this year on 28 February, Auroville will have a dedicated service to clear the litter and waste from the areas that are hard to reach by our larger vans.

A three wheeler has been acquired for the purpose and will begin the operation in two shifts 3 days a week to start with. The service will largely concentrate on within the designated City Area only (and not along the tar road) and may gradually extend to the greenbelt.

This Service will be totally run by Citizen Volunteers (Aurovilians and Newcomers) along with an Eco Service member as it may need more than one person (and maximum two) to do the task. In Kind remuneration will be provided.

- If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below.

Wish us luck for this new endeavor and if possible join up! Lets Keep Our City Clean Together.



Sumit for Eco Service

ecoservice@auroville.org.in

6379669034 (Sumit), From Mass Bulletin

POUR TOUT WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovilians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

- ptw@auroville.org.in

Please note: Do not give any cash to any team member of PTW. We request to avoid calling our workers directly on their contact numbers.

Danny, Grace
for Pour Tous Water team

LIVING ROOM CAFÉ

Open 9am-9pm
All days of the week
+91 9566142115

Kaipans, Crown Rd,
opp to the Auroville Library, Auroville,
Tamil Nadu 605101

+91 9566142115, Satyakam

RIGHT PATH CAFE

RIGHT PATH CAFE
ORGANIC RESTAURANT

FOR AUROVILIANS & NEWCOMERS

Everyday - 50% off on Breakfast Dishes till 9AM

Thursday - 50% off on Korean Veg. Dishes (Lunch & Dinner)

Friday - 50% off on all Non Veg. dishes (Seafood, Fish and Organic Chicken)

We support Auroville farms and prioritize Auroville grown food and organic products

Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovilians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

For enquiries and registration:

- cafeteriavc@auroville.org.in
- 9043004919 WA

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

- 9043004919 WA cafeteria,
cafeteriavc@auroville.org.in

Kyoung Hyoun Lee

SUDHA'S KITCHEN!

Healthy Plate monthly scheme for Aurovilian Volunteers & Guests

- **Special Offer:** Aurovilians get 20% discount
- **Group Bookings Welcome**



Contact Us:

+91 8608123072 WA, +91 413-3509884 landline

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul,
freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout team,
www.thesprout.in

GOYO KOREAN SILENT RESTAURANT



@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo

COFFEE IDEAS (FORMERLY MARC'S CAFÉ)

Some Information Updates and Reminders

- We are open every Wednesday in February.
- Tuesday mornings (breakfast): 50% discount for Av & NC paying through the FS account. (Some items only)
- 10% discount on all payments made with an Aurocard.



The rooftop area has free Wi-Fi and is self-service during opening hours.

Matilde

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.



Auroville Bakery & Cafe Team,
from Mass Bulletin

NATURELLEMENT GARDEN CAFE

Extended Evening Timings!

Open 9am—9pm, Tuesdays closed

We are extending our dinner timings to 9pm during February and March. The restaurant will be open from 9am to 9pm. Tuesdays closed as usual. Welcome!

Martina
for Garden Cafe team

BELLA VITA: THURSDAY 50% DISCOUNT!

On Thursdays we will offer a 50% discount on our already low prices. (Drinks and baked goods will be excluded.) So welcome to try our Pizzas, Tarts, Salads and Wraps!

Martina for Bella Vita team

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra
for Auromode Restaurant



TASTE OF YOGA: VEGAN CAFÉ



VEGAN CAFE

TASTE OF YOGA

Raw | Gluten-free | No added sugar

Mon to Sat

08:30 - 16:30



Open Monday—Saturday, 8:30am—4:30pm

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being.

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria, 7:30—10am

Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.

- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

• its@auroville.org.in

Rajesh.D





KINISI **25%**
LOOKING FOR A NEW WAY TO GET AROUND?
 Rent an e-cycle or e-scooter from Kinisi
 discount at Kinisi Cowork for the same duration
 Offer valid till 30th November
 CSR Campus, Auroshilpam
 hello@cowork.kinisi.in
 +91-9429 690 049
 SCAN ME

- Contact us: +91 9429690049, hello@cowork.kinisi.in
 Laure

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certificate entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/ WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B
 for Qutee Electric Scooter Service



SUNRISE TAXI SERVICE
 A Unit of Auroville Foundation
Book A Taxi 24/7
 +91 9843880591
 Office: (0413) 2220591, 2220592
 Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in Lakshmi for UTS

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server set-up, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala



Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write tours@insideindiaauroville.com to start planning.

Inside India Timings

- Inside India is open for your next journey **Monday to Friday, 10am—5pm** at our Office in Kalpana Community (Opp. Auroville Library)
- We are open the second & fourth Saturdays of each month
- For **urgent matters or emergencies**, you may contact our ticketing agent **Ganesh: +91 9894598686**.

Shaheen for Inside India Team

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

AVDZINES

@ AVDzines building at Mangalam campus
 (next to Wellpaper, & Bamboo Centre)

You are also welcome to send your job via email and WhatsApp, see the data below.

- **Working Hours: 9am—12:30pm & 2—5pm**

Please follow the sign board kept on the side of the road.

- **Type of jobs that can be given:**

Printing,
 Layout designing,
 Passport Photos,
 Package designing &
 Manufacturing,
 Photo framing &
 Lamination
 All kinds of boxes
 & paper bags and
 Screen printing.



- For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA,
 Guna for AVDzines

HEMPLANET

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.

Davide

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



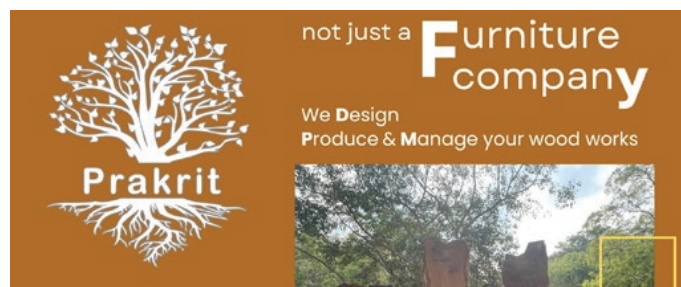
RAPID CARE SERVICES
One call to solve all your problem

Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1 **Balaji & Arun**

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

FRESH COW DUNG AVAILABLE

@ Siddhartha Farm

If you are interested, please feel free to call us
+91 8838012456.

Herbert

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

Classes, Workshops & Healing Arts

VIPASSANA GROUP SIT

Sunday, 8 February, 9am—12pm

@ Udavi school, near tank, Edayanchavadi, [Location](#)

Dear Meditators, You are all very welcome to the weekly half-day Vipassana meditation course for "old students" **only** (meaning for those who have completed at least one 10-day course as taught by SN Goenka).



- **Details:** under the beige tent behind the gate close to the parking area' by 'First building to the left near the parking
- **No registration** is required.

You can come for the whole course or just drop in for some time whenever you want.

Please keep your cell phones off or in airplane mode for the duration of the course.

- **Contact:** 88074 34864

Laure



10—13 February, 12:45—13:45pm

I'm happy to offer a 4 day workshop on Making Friends with Money. Money is an effect, consciousness is the cause. Most people never learn to have a healthy relationship with money. We take on the stories and beliefs that were repeated around us in our childhood, and these beliefs control our income, how we think about money, what we do with money, and our opinion about wealth.

In this 4x 1 hour workshop, from 12:45 to 13:45, you will learn about how to relate to money, how to reprogram your subconscious mind to align itself with limitless abundance and financial freedom.

You will learn about the laws that money works by, and how to work these laws for your benefit.

Scarcity and lack come from completely ignoring these laws. And are a result of money paradigms you don't even know you have.

There is no shortage of money, only the right consciousness around money!

I am looking forward to sharing what I have learned and experienced with my mentor in 2025.

• You need to RSVP to participate. So please call or email Pitanga:

• 0413 2622403, info@pitanga.in

Ange Sabine Blanchflower

AWARENESS THROUGH THE BODY WORKSHOP

With Isora & facilitator-in-training Rosario



Saturday, 14 February, 9am – 12pm
@ Pitanga Cultural Centre

ATB is a practice developed in Auroville, India, that aims to expand consciousness and offer the opportunity for both, children and adults, to become aware of their own perceptions and abilities, so that they can become independent and self-aware individuals. The activities are creative and often fun, develop gradually, and encourage attention, concentration, and relaxation, providing feelings of well-being and a deep connection with the Being.

- Advance registration required, ends on Thursday, 12 February.
- Please contact Pitanga: info@pitanga.in, WA + 91 9443902403.

Anandamayi

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



ACTIVITIES BY SANDYRA

Register: contact@auroville-jiva.com
or +91 9443619403 WA

Flow Into Clarity

• Sunday, 1 & 22 February, 3—6pm (in Auroville)

Is there a question that is burning inside you? The Flow Game is a powerful tool used across the world to transform stuckness.

Within every challenge, there lies a transformative potential. Bring a question that's alive in your heart. Discover your way to greater flow with life and connect with higher guidance, through the spirit of ease, joy and playfulness.

The Flow Game is played around a special board inspired by the 7 directions found across multiple cultures. The players are invited to connect to infinite wisdom of the Universe. The game enables you to go deep into your own inquiry, while getting new insights through collective wisdom.

- **In-Person in Auroville:** Theme is 'Freedom' (1st) & 'Love' (2nd)
- **Host:** Sandrya, venue will be revealed after registration, limited spots!



Quantum Energy Upgrade: 1 Day Intensive

• Friday, 6 February, 9am—5pm,
@ Pavilion of Tibetan Culture

Unleash the magic inside you, raise your vibration, and awaken the Divine power within. This powerful 1-day experience activates your inner light, clears old patterns, and fills your whole being with clarity, joy, and unstoppable energy. Charge your spirit with high-frequency energy, Release blocks & stagnant emotions, Raise your vibration instantly, Awaken your inner creator, Expand intuition, clarity & inner strength, Step into ease, joy & soul alignment

• More info: <https://auroville-jiva.com>



Ancestral Lineage Healing: 1,5 Day Intensive

• 7 & 8 February, Saturday, 9am—5pm
& Sunday 9am—1pm @ Pavilion of Tibetan Culture

Connect with your innate wisdom. Ancestral lineage healing helps us to re-establish healthy relationships with our ancestors and to bring healing to the ancestral field. If you want to free yourself from intergenerational burdens, reclaim your personal power and re-connect with your innate wisdom, join us on the 1 day lineage repair workshop.



Body in Light: Energy Healing Workshop

• 13—15 February (Friday to Sunday, 9am—5pm)
@ Pavilion Tibetan Culture

Do you want to step into the harmonious frequency of the universe? 3 days of radical self-empowerment: Discover your Divinity & Awaken the Goddess within. Dive into powerful techniques for self-healing, and learn Fundamentals, Principles and Universal Laws of energy healing.

• More information: <https://bit.ly/bodyinlight-workshop>

Sandrya



THE ALCHEMY OF EVOLUTION

Saturday, 14 February, 3pm
@ Aarambham Learning Space

"Man is a transition being; he is not final."

Sri Aurobindo

Do you ever feel divided? Often, our mind seeks one direction, our emotions another, and our physical body follows its own rhythm. My synergic method is designed to integrate these parts through a powerful, three-step journey toward conscious transformation:

- **Reveal with the Mandala:** More than just an artistic exercise, the Mandala acts as a "Temenos"—a protected space where your subconscious speaks through color and form, bringing what works in the dark into the light.
- **Support with Bach Flowers:** These vibrational essences provide the alignment needed to dissolve emotional knots and purify the "vital" nature, preparing the soil for inner growth.
- **Embody with Integral Yoga:** This is the education of all parts of the being to align with the Psychic Center—the true divine spark within—turning all of life into a conscious practice.

The Goal: Not just "well-being," but a new way of being. By making the shadow visible and harmonizing your nature, you allow your spirit to take hold.

Are you ready to become the artist of your own evolution?

- **The introductory workshop happens under SAIER** and a contribution is required, for details contact Rosalba by
 - +919047569721 WA
 - or rosalba@auroville.org.in.

Rosalba

LONELINESS LISTENING CIRCLE



Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply.

All participants are required to consent to a confidentiality agreement before joining the circle.

No contribution is expected; you may offer a donation for the hall if you can.

Guests are also welcome to join the circle.

Register [here before 5pm on 31 January](#).

Raamkumar, 9943211101

CO-CREATING THE DREAM

Many Fires, One Light—Autonomy and collaboration in Auroville

A few Aurovilians have taken online ProSocial courses based on Nobel Laureate Elinor Ostrom's research, in which she identified eight core principles based on communities around the world that help them work successfully. These include clarifying shared purpose and values, fair decision-making, transparency, and constructive conflict resolution. The ProSocial training also included listening, communication and other internal skills. Seeing the relevance of these discoveries for Auroville, we are offering a series of flowing, engaging, and explorative workshops to bring awareness to these principles and practice useful skills for enhancing interpersonal relationships, working in units, and collective life.



Each workshop is a stand-alone experience.

- We continue on **Saturday, 7 February from 9:15—12:15 @ Vérité** with our ninth and final workshop for this series: **Many Fires, One Light—Autonomy and collaboration in Auroville**



This workshop explores how autonomy and collaboration coexist in a living system. Through embodied exercises, dialogue, and mapping our interdependencies, we will reflect on how the collective can self-organise, relate across boundaries, and contribute to unity in diversity without hierarchy or fragmentation. We will also explore

how our collective can coordinate with external contributors and co-creators in ways that are clear, respectful, and effective.

- Register at [Vérité](#) +91 9363624083 WA.
- Please bring paper/notebook and pen.

Kaia, Munay and Radhika

DAILY PRANAYAMA CLASSES WITH RAMESH

Monday—Friday, 7:30—8:30am
@ Hall of Light, Creativity

Drop in for a pranayama class Monday to Friday mornings 7:30 to 8:30am at Hall of Light, Creativity Community. We will be doing light asanas, guided breathwork and meditation.

Drop-in contribution:

- 400/- for guests
- 300/- for Creativity guests
- 200/- for volunteers
- By donation for AV and NC

For more information, contact Ramesh:

- 9845168490,
- rameshbalasubramaniam@auroville.org.in



Ramesh

KAYA BODHA WORKSHOP

Every Friday, 10:30am—12:30pm
@ Budokan dojo (Dehashakti sportground)

Kaya Bodha: Body Awareness & Relaxation, Releasing tension, Becoming Calm and Agile

- Gentle movements of contraction and release.
- Relaxation techniques.

8110848123 WA,
Hans

MINDFULNESS WITH HELEN

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness. Mindfulness Coaching packages & bespoke groups sessions are also available.

For details & bookings:

- 7094753054 WA or visit innersightav.org

Wednesday, 11 & 25 February, 2:30—5pm	Miksang—Mindful Photography	Workshop
Saturday, 14 February, 9:30-12:30pm	Mindfulness Kindfulness	Half Day Retreat
Wednesday, 18 February, 2:30—4:30pm	Introduction to Mindfulness	Workshop
Saturday, 28 February, 2:30 —4:30pm	Letting Go	Mini-retreat

Miksang (Mindful Photography workshop)

- Wednesday, 11 & 25 February, 2:30—5pm

Miksang is a contemplative photography practice. Meaning 'Good Eye' in Tibetan it is a practice to synchronise the heart, mind & inner being. Miksang invites us to see the world with fresh eyes, to let go of our conditioning, our stories, our techniques.



The session includes mindfulness practices to attune & time for practice. It is suitable for all. You just need something to take photos with (phone is fine).

Mindfulness Kindfulness Half day retreat

- Saturday, 14 February, 9:30am—12:30pm

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts to others. It offers an ease of being, an inner softening, & invites a deeper, more present way of living.



Everyone is warmly welcomed—beginners, experienced practitioners & those whose bodies need to sit on a cushion, mat or chair. Participants will hold silence throughout the retreat to allow inner deepening.

Introduction to Mindfulness workshop

- Wednesday, 18 February, 2:30—4:30pm

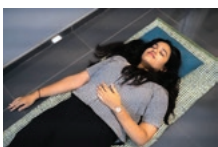
Discover how to find inner calm in the chaos of everyday life! Join this Introduction to Mindfulness workshop and learn simple techniques to bring awareness, richness, and joy into your life.

Perfect for anyone wanting a calmer, more present existence or a deeper understanding of what mindfulness is.

Letting Go, a mini-retreat

- Saturday, 28 February, 2:30—4:30pm

This mini-retreat will gently support you to cultivate the profound & powerful attitude of letting go.



The retreat is a carefully curated journey through mindfulness meditation practices & gentle movement interspersed by time for reflection & poetry for the soul.

Helen

AUTHENTIC RELATING



Dave

SITARA MUNAY-KI YOGA



With Sitara: Meditation Yin Yoga Sound Journey

- Mondays 10:30am—12pm @ Hall of Light in Creativity
- Thursdays 10:30am—12pm @ New Creation Studio

In this class, accessible to all levels, Sitara will teach her favorite combination of meditation, yin yoga and sound journey. Yin yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

With Munay: Surya Kriya Yoga Tibetans Rites

- Wednesdays 11—12:30 @ New Creation Studio
- Fridays 10:30—12 @ Hall of Light in Creativity

This is a combination of ancient Yogic practices, including a full Shamanic journey during shavasana, to energize and rejuvenate body and mind, and connect with higher consciousness.

With Munay and Sitara:

Surya Kriya & Yoga Nidra with Live Music

- Fridays 5—6pm @ Vérité

Surya Kriya is a sacred yoga sequence that aligns body, breath & consciousness with the solar principle—the source of light & life. You will be guided through the traditional flow of Surya Kriya, followed by Yoga Nidra, with live handpan & flute music, to carry you into stillness & radiant presence.

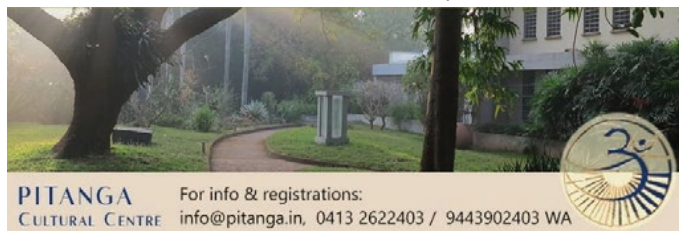
Locations:

- [New Creation Studio](#) is on the second floor of the building just after La Piscine in the Auroville Community of New Creation. Stairs in the narrow pathway alongside the pool's brick walls.
- Hall of Light is in Creativity Community, in the center of Auroville.
- [Vérité](#) is an Auroville project for integral learning, living & yoga.

Other details:

- Drop-in classes, Guests Rs600, Aurovilians Rs200
- In Vérité: Guests Rs400, Volunteers Rs200
- Check our website for more info and updates: sitaramunay-kiyoga.org Munay (Giovanni)

PITANGA CULTURAL CENTRE, FEBRUARY



Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy	8–9:30am	Gala
	Doing No-Thing Consciously	4:15–5:15pm	Mike
	Iyengar Yoga	5–6:30pm	Olesya
	Vinyasa Flow Yoga	5:30pm–7pm	Dinagar
Tuesdays	Yoga: Restore & Relax	4–5:30pm	Florina
	Kundalini Yoga to energize the Heart Center, strengthen the electromagnetic field, and balance the main glands	5:30–7pm	Bel
Wednesday	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy	8–9:30am	Gala
	Dynamic Yoga Flow	5:30–7pm	Florina
	Vinyasa Flow Yoga	5:30pm–7pm	Dinagar
Thursday	Iyengar Yoga	6:45–8am	Olesya
	Prana Kriya	7:30–9am	Florina
	Aviva Exercise—for women only	4:30–5:30pm	Suriya-gandhi
	Iyengar Yoga	5–6:30pm	Olesya
	Yoga: Restore & Relax	5:30–7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45am–8:15am	François & Namrita
	Yoga Therapy	8:15–9:45am	Gala
	Feldenkrais, restarts on 30/01	5:15–6:15pm	Shari
	Dynamic Yoga Flow, not on 19/12	5:30pm–7pm	Florina
	Vinyasa Flow Yoga	5:30pm–7pm	Dinagar
Saturday	Iyengar Yoga	6:45–8am	Olesya
	Breathing & Mudras	8–9:30am	Gala
	Truth Based Relationships, practical sessions	2:30–4:30pm	Juan Andres
	Iyengar Yoga	5–6:30pm	Olesya

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/ families	3–5pm	Gala
Monday to Friday	Ashtanga Yoga (self paced)	9–11am	Monica M.
Saturday	Ashtanga Yoga (led primary series)	9:40–11:10am	Monica M.

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4–5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth’s absence.

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine), NA Chiropractic, NA
Anne H	Cranio Sacral Technique
Auromira	Shamanic Healing
Francesca F	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Olesya	Visceral Massage Neurology Massage Psychosomatic of diseases Women’s Health Therapy
Rosalba	Bach Flower Counselling
Swati R	Movement Therapy for infants and young children
Veronique D	Syntropy Insight Bodywork

New Activities

Kundalini Yoga

To energize the Heart Center, strengthen the electromagnetic field, and balance the main glands with Bel: **Tuesdays, 5:30–7pm & Saturdays 10am–11:30am**

We will energize the Heart Center, strengthen the electromagnetic field, and balance the main glands—so love can flow freely, bringing clarity, intuition, and a deeper sense of connection.

Beginners are always welcome!

Bach Flower Counselling with Rosalba

Beyond the Clouds of Daily Life: Rediscovering the Harmonious Flow of Life

Our daily life is often filled with shadows and passing clouds: thoughts, fears, worries, and doubts that thicken, hindering the harmonious flow of our living. These are “knots” that rob us of our sleep and the peace of our hearts.

Do you ever feel the weight of these shadows?

- Mental Overload that gives no respite.
- Performance Anxiety and the tyranny of “having to be.”
- Digital Apnea Syndrome and the frenzy of hyper-connectivity.
- Paralyzing Uncertainty and Chronic Guilt.
- Emotional Disconnection that makes us feel “empty.”

Every flower has the power to dissolve these tensions. With its vibrational frequency, each Bach essence brings us back to that virtue we have forgotten we possess, reconnecting us to the laws of Life that we have let go.

Come and discover your flower ally to return to flowing in harmony.

Ashtanga Yoga with Monica M.

- Mondays to Fridays, 9—11am (self-paced)
- Saturdays, 9:40—11:10am (led primary series)

Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual.

- Classes with prior registration only. No drop-ins.
- Booking with the teacher only:
marinonimonica@gmail.com or scan QR code:
- More information:
www.monnicamarinoniashtangayoga.com
or +39 3917254083 WA



Dynamic Yoga Flow: Bhandas, Pranayama & Asana with Florina

- Wednesdays & Fridays, 5:30pm—7pm
- Class opens to all levels. Going deeper is a never-ending process.

Each class brings a different energy—we honor that together. We co-create and flow deeper into ourselves and our perception. We use inner attention, bhandas, pranayama techniques, asanas and different aspects of the 8 limbs of yoga. Join us, let's co-create the next flow.

Workshops

Trauma Release & Regulation Workshop

By Dr. Aditya Varma; Saturday, 31 January, 9am—12pm
"Reconnect Within—Mind, Body & Spirit. Restore Your Flow."
"The body keeps the score, but it also holds the wisdom to heal."

Benefits: Reduce stress and anxiety; Reconnect with your body's innate wisdom; Build emotional resilience; Enhance focus, energy, and presence; Shift from chaos → regulation → flow



Prior Registration required, please contact Pitanga:
info@pitanga.in, + 91 9443902403 WA.

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know! If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA, info@pitanga.in

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.



Offered by Kardash, a certified psychotherapist, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy. Meetings can be in-person in Auroville or online.

For more details see www.innersightav.org or

- contact Kardash +91 9940934875 WA **Kardash**

QUIET HEALING CENTER



www.quiethealingcenter.info,
quiet@auroville.org.in

+91 9488084966, Mobile & WA

Watsu® Yoga Round with Sheida

- Friday, 13 February, 3—6:30pm
- **Prerequisites:** no previous experience required (also no need to know how to swim).

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.

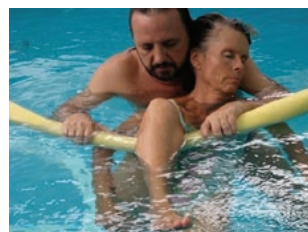


When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance! Watsu Yoga Round is an invitation to feel, awaken, and celebrate the energy of your being.

Adapted Watsu® with Watsu India Team

- 14—16 February, 8:45am—6:30pm, 25 hours
- **Prerequisites:** Watsu 2 plus 100 hours of aquatic bodywork training or Watsu 1 plus 200 hours of aquatic bodywork training.

In this course, you will apply the qualities and techniques of Watsu to persons with special needs or disorders, whether physical or mental. You will also start using pool noodles and working with people, who are particularly rigid or afraid to be held due to trauma, culture or water fear.



In regular Watsu, you acquire the necessary confidence to allow people to relax in your arms. In this course you will learn an indispensable basis, on land and in water, about the functioning of the body, so that you can adapt and offer a pleasant session to persons with special needs.

Watsu® 2 with Dariya

- 18—23 February, 8:45am—6pm, 50 hours
- **Prerequisites:** Watsu 1.

Watsu 2 expands the Transition Flow taught in Watsu 1. You will learn additional movements and bodywork for each position and how to incorporate them in your practice sessions.

You will also study the meridians and acupressure points, which are relevant in Watsu, and creatively explore your own movements, while following the receiver's natural tendency to move.

Practising acupressure massage, as well as lifts, pushes, and pulls introduced at this stage, will help you develop the ability to play with energy and further explore this amazing water therapy.



The Science of Mantra with Swami Omkar

• 21—22 February, 10am—5pm, 12 hours

Mantra Sastra is the Indian science of cosmic sound, which teaches that you can understand the creation through cosmic sound, called mantra. Practicing mantra is one of the oldest yoga practices called Japa Yoga.



Swami Omkar will guide you into the world of cosmic sound and teach you how to practice mantra in your daily life. Your mind and inner world will become vibrant and alive through practicing mantra.

Mantra Yoga helps to:

- promote mental and physical health;
- keep your living space and surroundings peaceful;
- unlock your brain activity to a higher level;
- create a vibrant life.

Swami Omkar, founder of “Pranava Peetam Trust”, has been teaching Vedic science and wisdom in India and abroad. He likes to share his deep knowledge with everyone, who is eager to learn these ancient Mantra methods to improve their lives and realise their dreams.

Inner Watsu® with Watsu India Team

• 24 February, 24—2 March, 8:45am—6:30pm

• **Prerequisites:** Watsu 2 or equivalent course.

This 7-day course is for experienced water students, who want to dive deeper in the different layers of Watsu. Through an interdisciplinary approach and discussion on issues related to aquatic bodywork and personal growth, you will deepen your experience and understanding of working with human beings in warm water.



In this intense course you will be exposed to different topics, including Art of Touch, Boundaries/Intimacy, Chakras & Pranayama, Communication skills, powerful Meditation techniques, Quality of Relation, Rebirthing, Self-Awareness/Breath-Awareness, and Shiatsu.

Guido

REGULAR YOGA CLASSES @ BHARAT NIVAS

@ Progress Hall, Bharat Nivas

Thursday, Friday, Saturday, Sunday & Monday
(5 days a week), 5:30—7pm

Style: Vinyasa Flow (Beginner to Intermediate friendly). **Contribution:**

- Drop-in only: Rs.500 per class for guests and non-Aurovilians.
- Regular students may shift to a monthly fee structure
- Aurovilians, Newcomers and Volunteers Rs.200 per class



Additional Notes:

- Please bring your own yoga mat. A few mats are available to borrow if needed.
- Arrive 15 minutes before class to find your spot and relax into the serene atmosphere of Bharat Nivas.

Let us begin this journey of learning, energy, and balance together on this sacred day. Everyone is welcome!

Monisha, BN Team

ARKA WELLNESS CENTER PROGRAM

February

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	• Body Logic, Soft Massage, Deep Tissue Massage • Monday to Saturday By appointment, +91 9943410987
Silvana	• Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage • Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English</i> & <i>French</i>	• Psychospiritual Introspective Tarot Reading • Deconditioning Self Inquiry • I Ching oracle • Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	• Integral Regression therapy • Integral reiki healing • Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	• Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151,
- aurokya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment,
- +91 9087709434
- maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680,
- ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
- adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

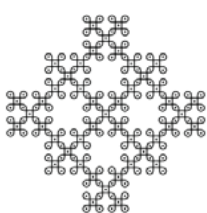
For any details and queries, you can contact us at
arka@auroville.org.in, 0413 2623799

Ramana, Arka

ACTIVITIES BY GRACE GITADELILA

KolamYoga

KolamYoga offers one off Introduction sessions and/or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJYTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila,
+91 8072449091 WA

Kotree Yoga

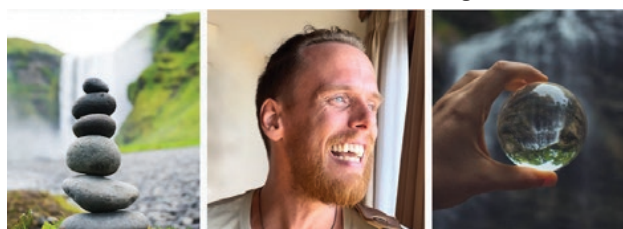
Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila,
+91 8072449091 WA

Grace

INTEGRAL UNFOLDMENT: Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom. Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA

VÉRITÉ PROGRAM, FEBRUARY

www.verite.in

- 0413 2622045, 2622606, 9363624083
or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Tristhana Practice	9:15—10:15am	Keshav
	Gentle Energy Flow Asanas	10:45—11:45am	Mani
	Restorative Yoga (no class on 9 Feb)	3:30—4:30pm	Mani
	Deep Sound Bath	5—6:30pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Pranayama & Vocal Toning (no class on 10 Feb)	3:30—4:30pm	Nikki
	Yoga Nidra: A Journey to Stillness	5—6pm	Radha
	Dance of the Chakras	5—6:30pm	Lakshmi
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Sivananda Yoga	9:15—10:15am	Mani
	Hatha Yoga & Mobility	10:45—11:45am	Bijou
	Hatha Yoga	3:30—4:30pm	Ivana
	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Wave	5—6:30pm	Vera
Thursdays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Open Heart Space Meditation (no class on 12 Feb)	03:30—4:30pm	Samrat
	Deep Sound Bath	5—6:30pm	Satyayuga
	Shamanic Breathwork & Free Movement	5—6:30pm	Lakshmi
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Somatic Yin Yoga (no class on 13 & 27 Feb)	9:15am—10:15pm	Radhika
	Ecstatic Dance	5—6:30pm	Bijou
	Surya Kriya & Yoga Nidra with Live Music	5—6pm	Munay & Sitara
Saturdays	Pranayama & Meditation	7:30—8:30am	Radhika
	Deep Sound Bath	5—6:30pm	Satyayuga
	Cosmic Dance Wave	5—6:30pm	Sandhya

Therapies: Pre-registration required

Therapist	Therapies (by appointment only)
Anu	Yoga Chikitsa: Personalized Yoga Therapy
Ashok	Thai Yoga Massage
	Biodynamic Craniosacral Therapy
	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
Mamta	Head Massage & Hair Care with Indigenous Herbs
Mani	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
	Healing Sound Bath with Tuning Forks
Mila	Heart-Centered Resilience
Parvathi	Physiotherapy & Rehabilitation
	Aromatherapeutic Massage for Face and Feet
	Energy Healing Reiki
Raja	Holistic Foot Reflexology
Satyayuga	Holistic Rebalancing Massage
Susan	Yoga Chikitsa: Personalized Yoga Therapy
Veermani	Thai Yoga Massage
Vyshnavi	Biodynamic Craniosacral Therapy
	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care with Indigenous Herbs

Workshops: Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Friday, 6 February	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Saturday, 7 February	Many Fires, One Light: Autonomy and Collaboration in Auroville	9:15am—12:15pm	Kaia, Munay & Radhika
	Introduction to Ayurveda & its Lifestyle	2—4pm	Dr Geeta
Friday, 13 February	The Mandala as Mirror	9:15am—12pm	Rosalba
Saturday, 14 February	Exploring the Vegetal Realms	9:15am—12:15pm	Auromira
Friday, 20 February	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
	Relaxation & Deep Sound Bath	2—4:30pm	Satyayuga
Saturday, 21 February	Back Care and Posture	9:15am—12pm	Keshav
	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta
	Breathwork, Pranayama & Yoga Nidra	2—4:30pm	Anu
Monday—Tuesday, 23—24 February	Swara Yoga: The Science of Breath & Prana	9:15am—4:30pm	Swami Omkar

Thursday, 26 February	Prana: Life Energy	9:15am—12:15pm	Ananda
Friday—Sunday, 27—28 February & 1 March	Conscious Relating Course	9:15am—4:30pm	Ananda

Face & Eye Yoga: Face Yourself with Mamta

- Friday, 6 February, 2—4:30pm

The physical & mental state of our inner world determines how we experience our outer world, and our sense organs are the tools for each experience we have. Face & Eye Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Many Fires, One Light: Autonomy and Collaboration in Auroville with Kaia, Munay & Radhika

- Saturday, 7 February, 9:15am—12:15pm

This workshop explores how autonomy and collaboration coexist in a living system. Through embodied exercises, dialogue, and mapping our interdependencies, we will reflect on how the collective can self-organize, relate across boundaries, and contribute to unity in diversity without hierarchy or fragmentation. We will also explore how our collectives can coordinate with external contributors and co-creators in ways that are clear, respectful, and effective.

Introduction to Ayurveda and Its Lifestyle with Dr. Geeta

- Saturday, 7 February, 2—4pm

Ayurveda, the ancient Indian medical system, includes Panchakarma, which is a set of five cleansing procedures. Learn the appropriate use of and principles behind these practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Introduction to the Healing Mandala with Rosalba

- Friday, 13 February, 9:15 am—12pm

More than just an artistic exercise, the Mandala acts as a *Mirror*—a protected space where your subconscious speaks through color and form, bringing what works in the dark into the light.

Exploring the Vegetal Realms

Shamanic Practice to connect with the healing power of plants and trees with Auromira

- Saturday, 14 February, 9:15 am—12:15pm

Explore the ancient practice of shamanic journeying—a powerful tool reconnecting us to Nature for healing, guidance, and self-discovery. Whether you're a complete beginner or an experienced practitioner, you'll gain practical insights to deepen your self-inquiry practice.

This highly experiential workshop includes guided meditative live drum journeys, along with a step-by-step approach to ensuring a successful and safe practice. You'll leave with a deeper understanding of shamanic practices and the tools to continue your journey with clarity and confidence.

Anandhi & Hon

WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Francais, Nederlands.

+919488084952 WA, Aikya



NEWS FROM

Auroville Language Lab

5 February

Language Lab Building Tours with Mita

Mita warmly invites you to discover the Auroville Language Lab building through a guided tour highlighting its thoughtful design and inspiring approach to sustainable, healthy, and conscious construction.

- Every Saturday, 3—3:45pm

By free contribution, registration appreciated—please write to info@aurovillelanguage.org

- Drop-ins also welcome, open to everyone

Come explore this stellar example of mindful architecture and learn more about the vision behind the building. We look forward to welcoming you!

Gibberish Lab—Beyond Words

The Gibberish Lab is a 3-month experiential journey inviting participants to step beyond structured language and rediscover the joy, spontaneity, and deep connection that can arise through communication without words.



Through playful exploration and embodied expression, this course opens a space where meaning emerges naturally—beyond grammar, beyond labels.

- Every Saturday, 4—5pm, starts 6 February
- Facilitator: Siddharth, Drop-ins possible

Open to anyone curious to explore communication in a freer, more intuitive way.

Tamil Teacher Wanted—Auroville Language Lab

The Auroville Language Lab is looking for a Tamil teacher to join our team. We welcome applications from native Tamil speakers with teaching experience and a heartfelt interest in language, culture, and intercultural exchange within Auroville. The role involves teaching spoken Tamil to Aurovilians and visitors in a mindful, collaborative, and people-centred learning environment.

If this resonates with you, please email your CV along with a short self-introduction to info@aurovillelanguage.org.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Current Schedule of Classes, 5 February

- <https://aurovillelanguage.org/current-schedule/>

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Pre and Intermediate speaking & communication with Riki	8-Hour Monthly Always ongoing	10:30–11:30am, Tuesday & Thursday
	Intermediate with Ashwini	16-Hour, 2 Months Started 19 January	5–6pm Monday & Friday
French	Beginner with Jean-François	16-Hour, 2 months, 28 January	2–3pm, Monday and Wednesday
	Intermediate with Jean-François	16-Hour, 2 months, 27 January	2:30–3:30pm, Tuesday & Thursday
	Elementary with Jean-François	16-Hour (2 months) 29 January	3–4pm Tuesday & Thursday
Mandarin Chinese	Beginner with Shiju Hsieh	36-Hour, 3 months, 18 November	Tuesday & Thursday, 10–11:30am
Tamil	Spoken Beginner with Saravanan	24-Hour, 3 months, Started 24 October	9:30–10:30am, Tuesdays & Fridays
	Spoken Beginner with Ashok	24-Hour, 3 months, 20 October	9:30–10:30am, Monday & Wednesday
Hindi	Beginner Hindi with Ashwini	16-Hour, 2 months, Started 1 December	3:30–4:30pm, Monday & Friday
Spanish	Beginner with Mila	30-Hour, 3 months, Presentation date: 1 December	4–5:30pm Monday & Wednesday
	Intermediate with Joana	12-Hour, 2 months, Started 6 January	3:30–5pm, Tuesday
German	Beginner with Verena	36-Hour (3 months) Starting: 3 March	9–10:30am Tuesday & Friday
Gibberish	Beginner with Siddharth	12-Hour (3 months) Starting 7 February	4–5pm Saturday

Private one-on-one classes possible for all languages; please inquire.

- [Language Lab Brochure](#)

Free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of month
- Tuesdays: Spanish conversation with Joana 5—6pm
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh

- Wednesdays, 5—6pm, open to all
The Mother's *Entretiens*:
A series of *Reading and Discussion Sessions*. Practice French and explore the Mother's vision. Facilitated by Jean-François, French teacher at the Auroville Language Lab.
- Thursdays: English conversation with Alex
5:30—6:30pm
- Fridays: Hindi conversation with Anu, 5—6pm

Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- **For language-related matters:**
+91 9843030355WA.
- **For Tomatis:** please use 0413 3509932.

Mita, Mano, Louis & Enzo for Language Lab

Cinema

AUROVILLE CONVIVIAL: LIVE TALKS

(An Auroville Timelines Project)

- **Date:** Auroville Week (21—28 Feb 2026)
- **Organizer:** Auroville Film Institute
- **Platform:** Online (Live via Google Meet)

Global Slots:

Region	Slot 1 (Afternoon)	Slot 2 (Evening)
India (IST)	3—5pm	6—9pm
Europe (CET)	10:30am—12:30pm	1:30—4:30pm
UK (GMT)	9:30—11:30am	12:30—3:30pm
USA (EST)	4:30—6:30am	7:30—10:30am
USA (PST)	1:30—3:30am	4:30—7:30am

***Note:** All sessions will be recorded for archival and publication purposes.

Overview: After nearly six decades of experimentation, Auroville continues to be a place where people from different parts of the world come together to live, work, question, and imagine shared ways of being. Today, as the world faces ecological fragility, deepening social divisions, and uncertainty about collective futures, the questions that built Auroville's first huts towards the birth of a new consciousness have never felt more urgent.

Auroville Convivial is a week-long international gathering. It is an invitation to step into a shared, live space to speak about and around Auroville. We will reopen dialogue on how this experiment engages with the wounds of the world and its own ongoing successes, setbacks, and possibilities. What is Conviviality? It is the art of living together with our differences. It is a practice that allows openness, disagreement, care, and complexity to sit at the same table. It is about how we stay "together" in a world that often tries to pull us apart. The aim is to build an archive of prismatic understanding, allowing a global audience to encounter Auroville through its many layers and possibilities.

Format and Structure: To capture the "prismatic" nature of Auroville, the gathering is organized into two complementary streams of inquiry. Both feature keynote speakers followed by open, moderated sharing.

- **Perspectives:** (For scholars, friends, and long-term associates.) Auroville belongs to humanity as a whole.

This stream looks at Auroville through the lens of history, philosophy, and global trends. How does the "City of Dawn" speak to the limits of the nation-state or the future of our planet?

- **Reflections:** (For Aurovilians and practitioners.) This stream centers on the "everyday" and personal narrative. What does it feel like to inhabit this dream? Here, we share the successes, the setbacks, and the ongoing participation that keeps the experiment alive on the ground.

Key Lines of Inquiry:

- **Lived Experience:** What has Auroville meant to those who have inhabited, worked with, or been inspired by it?
- **Evolution:** How has the experiment in human unity evolved over time, in practice as well as in understanding?
- **Global Relevance:** How does the Auroville model interact with current world issues like ecological fragility, migration, and cultural fragmentation?
- **The Unfinished Work:** What can be learned from Auroville's tensions and unfinished work, both internally and in relation to the world?
- **Future Aspiration:** How might the original aspiration of Auroville speak to the future?

Participants:

- Aurovilians from different generations
- Friends and long-term associates of Auroville
- Scholars and public figures engaged with Sri Aurobindo, The Mother, and related fields
- Cultural practitioners, educators, and researchers connected to the Auroville experiment

On Anonymity: We recognize that some may wish to share critical or personal reflections without going public. Participation under a pseudonym is fully supported. We respect the need for privacy and will ensure that those who wish to remain anonymous can do so within the archive.

Outcome: Auroville Convivial aims to create a living archive of voices and ideas that reflect the richness and complexity of Auroville. Rather than producing resolutions or declarations, this gathering seeks to renew dialogue, restore curiosity, and contribute to broader conversations about human unity and planetary futures, grounded in both outward engagement and inward awareness.

- [To Register fill the form](#)

Rrivu, project executive



Keep Cinema Paradiso's Magic Alive – Join Us!

Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

Community cinemas like ours thrive on the passion of audiences like you. At Cinema Paradiso, core funding barely covers basic maintenance—we pour our hearts into everything else, from fuel to vital upgrades. Post-COVID, budgets vanished, costs skyrocketed, and fewer events slashed our income. Even generator expenses, once externally funded, now land squarely on us.

To sustain the screenings that light up our nights, we're aiming for 8 Auroville units.

Thrilled to share: FIVE units are already championing us with ₹3,000/month or more each! We warmly invite **THREE more units** to join this vital circle. Film lovers and individuals, your support counts too—every contribution fuels the magic.

Indian nationals and Auroville unit holders (any nationality) can donate easily via recurring or one-time gifts through the Unity Fund at our Financial Service—straight to MMC – Cinema Paradiso (FS Account #105106). Skip direct payments to avoid our 18% GST burden (though they're welcome if easier). Non-Indian nationals in or beyond Auroville, reach out to AV Unity Fund at Financial Service for seamless guidance.

Your gift keeps the reels turning, sparks joy, and weaves stronger community bonds. **Be the hero in our next chapter—what's your story?**

With deepest gratitude,

Thanking you
MMC-CP Team

MMC/CP Group Account# 105106,

mmcauditorium@auroville.org.in

Submitted by Nina



CINEMA PARADISO
@ Multimedia Center (MMC) Auditorium, Auroville
Film Program 9—15 February

Cinema Paradiso—Multimedia Center is open to the community. Doors open 15 minutes before showtime and closes once the film begins, so please arrive on time. Kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

Indian—Monday, 9 February, 8pm

Sherdil, The Pilbhit Saga (Lionheart: The Pilbhit Saga)

India, 2022, Srijit Mukherjee & Inderjeet Singh w/ Pankaj Tripathi, Sayani Gupta, Neeraj Kabi, and others, Drama, 120mins, Hindi w/ English subtitles, Rated: U/A (PG-13)

Inspired by real events in the Pilbhit Tiger Reserve, where poverty drives villagers to desperate measures, Gangaram, a weary village leader, struggles to save his starving community with the support of his wife Lajjo and ally Jim Ahmed. Drawn into the heart of human-wildlife conflict, he enters the jungle with a dangerous plan. *When survival demands sacrifice, the jungle decides.*

Potpourri—Tuesday, 10 February, 8pm

Un Homme De Trop (Shock Troops)

France-Italy, 1968, Writer-Dir. Costa-Gavras w/ Jean-Claude Brialy, Bruno Cremer, Jacques Perrin, Drama-History, 110mins, French-German w/ English subtitles, Rated: NR

This film is being brought to you in collaboration with Alliance-Française. In 1943, Jean, Cazal, and Bruno lead a daring Resistance mission to free twelve prisoners from German captivity. But once liberated, suspicion grows—there is one man too many. As paranoia spreads and loyalty fractures, survival hangs in the balance. In war, trust is the rarest weapon, and betrayal may prove deadlier than bullets.

Selection—Wednesday, 11 February, 8pm

Mi Gran Noche (My Big Night)

Spain, 2015, Write-Dir. Álex de la Iglesia w/ Raphael, Mario Casas, Pepón Nieto, and others, Satire-Romance, 100mins, Spanish w/ English subtitles, Rated: NR (R)

A fast-paced, award-winning Spanish comedy where stars, fans, and TV crews implode during one “big night,” delivering outrageous laughs and biting commentary on fame and spectacle. As Alphonso battles fading glory and Adanne chases rising stardom, chaos erupts backstage, pulling everyone into absurd rivalries and scandals. One night, countless egos, unstoppable chaos.

Interesting—Thursday, 12 February, 8pm

The Price of Free

USA, 2018, Dir. Derek Doneen w/ Asmita, Swati Jha, Sumedha Kailash and others, Documentary, 92mins, English-Hindi w/ English subtitles, Rated: PG

Freedom has a price—every child deserves it. This powerful film follows Nobel Peace Prize laureate Kailash Satyarthi as he rescues children from bonded labor and trafficking across India. With courage and compassion, Kailash and his team confront dangerous industries, liberate the vulnerable, and fight for justice—offering audiences an urgent, inspiring look at the true cost of freedom.

Your generous support
 sustain and grow this community space.
 Every contribution counts!

International Film Saturday, 14 February, 8pm
Red, White & Royal Blue

USA, 2023, Dir. Matthew López w/ Taylor Zakhar Perez, Nicholas Galitzine, Uma Thurman, and others, Satire-Romance, 118mins, English w/ English subtitles, Rated: R

Alex Claremont-Diaz, the magnetic First Son of the United States, clashes with Britain’s reserved Prince Henry in a rivalry that unexpectedly ignites into a secret romance. As politics and tradition threaten to tear them apart, they discover that love knows no borders, only courage—a daring, award-winning tale of passion and defiance.

Children’s Matinee—Sunday, 15 February, 4pm
Vivo

Hong Kong-Austria-USA, 2021, Dir. Kirk DeMico & Brandon Jeffords w/ Lin-Manuel Miranda, Ynairaly Simo, Zoe Saldana, and others, Animation-Adventure, 95mins, English-Spanish w/ English subtitles, Rated: PG

In this award-winning film, Vivo, meaning alive, is a spirited kinkajou, who cherishes making music with his beloved owner Andrés. When fate intervenes, Vivo embarks on a colorful journey with young Gabi to deliver Andrés’ heartfelt song to Marta Sandoval. Packed with rhythm, adventure, and friendship, it’s a joyful tale of love, legacy, and the power of music.

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 15 February, 8pm

It Happened One Night

USA, 1934, Dir. Frank Capra w/ Clark Gable, Claudette Colbert, and others, Comedy-Romance, 115 mins, English w/ English subtitles, Rated: PG

A rogue reporter trailing a runaway heiress for a big story joins her on a bus heading from Florida to New York and they end up stuck with each other when the bus leaves them behind at one of the stops along the way.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us: mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

If you have an innovative fundraising idea and are willing to take it forward, we’d love to hear from you. Write to share your proposal and let us know how you’d like to be involved at mmcauditorium@auroville.org.in to.

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in,
 Submitted by Nina

ADIVASIYAT

24 days Documentary retreat & workshop
with Biju Toppo

9 March—2 April 2026

This workshop is a part of Open Space Documentary Arts Programme.

Workshop overview

You are warmly invited to join the rituals of communion with nature alongside the communities of Netarhat, Polpolpath, Lupungpath, Barpath, Navatoli, Dumbarpath, Lurgumi Kala, and Pakripath, and to participate in a 24 days documentary retreat and workshop with Biju Toppo, acclaimed people's filmmaker from the land of Netarhat.

Participants will engage in collective inquiry around the following themes:

- The significance of cinema in everyday life: as cultural, social, and political practice.
- Adivasis in cinema: questions of representation, invisibility, stereotyping, and authorship.
- Adivasis through the camera's gaze: perspective, power, ethics, and positionality.
- The importance of regional cinema in sustaining local languages, cultures, and lived realities.
- World cinema and us: dialogue between global traditions and local contexts.
- The role of local, rooted stories in shaping meaningful cinema.
- Developing narrative voice, script processes, cinematic structure, and treatment grounded in lived contexts.

to be explored through Conversations, Screenings, Field observation, Community interaction, Collective reflection & Filmmaking practice.

Sites of residency: Netarhat, Polpolpath, Lupungpath, Barpath, Navatoli, Dumbarpath, Lurgumi Kala, and Pakripath.

Who it is for: Filmmakers, photographers, journalists, writers, researchers, historians, educators, activists, artists, Adivasi youth, community storytellers, and all those engaged with questions of land, culture, memory, and people's narratives.

Mentor Profile: Biju Toppo is one of India's most respected Adivasi filmmakers and a pioneer of indigenous cinema, known for using film to challenge dominant media misrepresentations and foreground community-rooted perspectives. In recent work, he served as co-producer on *Humans in the Loop* (dir. Aranya Sahay). Toppo also teaches video production and media practice at St. Xavier's College, Ranchi.

Co-facilitators

Rivu Laha is a filmmaker, cinematographer, and media educator. A co-founder of the Auroville Film Institute, Rivu's practice focuses on documentary filmmaking, cinematography, and critical media pedagogy.

Sanket Ray is a cinematographer, documentary filmmaker, and film educator with over 14 years of experience across film, television, digital media, and education.

For queries

- info@aurovillefilmminstitute.com or
- call/ message +91 9969879319 (WA and Telegram only)

Rivu Laha

THE INNER UNFOLDING: FROM SELF TO STORY

A Michael Chekhov—based exploration workshop
for creative practitioners

16—25 March, 2026 in Auroville
with Rukshana Tabassum & Alok Arora

Set in Auroville, the workshop unfolds within a living landscape. Rooted in the Michael Chekhov Technique, the process invites participants to approach creativity indirectly through imagination, movement, energy, and atmosphere. Instead of pushing emotion or mining personal trauma, we work with expansion and contraction of the energy body, qualities of movement (molding, flowing, flying, radiating), atmospheres, and ensemble presence. These tools allow authentic impulses to surface naturally, with care and freedom.

This is a space to slow down, to listen deeply to the body, to silence, to each other. Through guided movement, improvisation, reflective writing, visual exploration, and group processes, participants allow stories, images, characters, and relationships to emerge rather than be constructed.

The workshop is co facilitated by Alok Arora, Michael Chekhov practitioner and pedagogue, and Rukshana Tabassum, filmmaker and visual artist known for her process driven, human centred storytelling. Together, they hold a gentle yet rigorous container that supports both individual inquiry and collective discovery.

You may arrive as an actor, dancer, filmmaker, writer, visual artist, educator, or simply as someone in a creative pause. You will not be asked to perform, produce, or prove. What unfolds may take the form of a short scene, a movement score, a visual piece, a fragment of narrative, or something unnamed, and that is enough.

The workshop concludes with an in situ embodied sharing, open to the Auroville community, not as a performance, but as a moment of presence and reflection. A pause. A witnessing.

Mentor Profiles

Alok Arora, Actor & Michael Chekhov Practitioner

Alok is a trained actor from the Film and Television Institute of India (FTII) and a certified Michael Chekhov Technique teacher (MICHA, USA). He is the founder of The Chekhov Lab under his creative enterprise The Artistic Self, where he leads actor-training and expressive development programs rooted in the Michael Chekhov Technique.

Rukshana Tabassum, Filmmaker & Visual Artist

Rukshana is an Indian filmmaker, writer, visual artist, and educator. Her work explores inner worlds and everyday life, and how memory, emotion, body, and surroundings shape the stories we carry.

Queries: info@aurovillefilmminstitute.com

- call/message: +91 9969879319 (WA & Telegram only)

Rivu Laha

SCREENING @ CINÉMA PARADISO:

5 short movies

Friday, 6 February 7pm

Short Movie Evening! (total 90 minutes—PG 13)

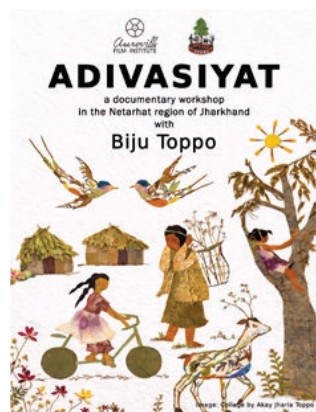
5 short movies by 3 directors:

**Jeremy Carroll,
Sarane Mathis**

and Tanguy Malik Bordage.

Conversation with the directors after the screening!

Tanguy



ECO FILM CLUB: Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note: Families and children are welcome! Dinner for children will be served at 19:00.:)



Friday, 6 February Is a Whole Food Plant-Based Diet an Answer to Chronic Disease?

39 mins / 2017 / Plant Based News

Is a whole food plant-based diet the answer to chronic/modern disease? Find out in this informative short documentary, which features several doctors discussing the benefits of a vegan diet, including Dr Kim Williams (immediate past president of the US College of Cardiology), among others.



Aviram

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7):

- 108



About N&N

NEWS AND NOTES

Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

Katia (AgniJata) & Alexey
NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted
by Raju